



# TOOT



Volume XXXX No. 11

*Potomac Valley Skiers, Inc*

November, 2004

WASHINGTON

MARYLAND

VIRGINIA

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## Lu Beale (1914 – 2004)

Editor of TOOT for 15½yrs

Lu had reporter in her blood. She instilled the reporter/publishing etiquette in every Toot she did. And she did her best to instill it in me, as the production person. As I work on the Toots, I can hear her voice advising me. (She had talks with Eleanor Roosevelt, I have Lu.)

It started in September of 1979. She typed it on her manual typewriter, erasing along the way or sometimes retyping it all. She always went for discretion, creativity, tight copy, and deadline. My favorite: "If you can't spell it, work around it and use a different word." Her creativity and expertise with words intrigued us all as well as informed us. We tried to progress with technology from erasable

bond, rubber cement, and the printing press to the computer and producing copies from a CD.

The most charming part about Lu's Toots was her clip art. She created her own drawings and made them fit with the occasions, even intertwining them with the text. Can't do that with the computer. It is just not the same.

*Jan Marx, Current Editor of TOOT*

(Also see Reflections by Bill Anderson, page 6)



*Chesse and Wine  
Tasting at  
Engle's  
-Event-*

*September 1977*



## Monthly Meeting At the Finan/Welti's Ski Equipment Review

**Tuesday November 16 7:30 PM**

11311 French Horn Lane, Reston, VA

(703) 716-9023

Join us and find out about the latest in the ski equipment presented by knowledgeable Brian Eardley of the Ski Center.

**Directions:** Take Dulles Toll Road (Rte. 267) 6.5 miles west of the Beltway to the Wiehle Ave. exit. Turn left (south) onto Wiehle Ave for 0.2 miles. Then turn right onto Sunrise Valley Drive for 0.4 miles and then left onto Soapstone Drive for 1.5 miles. Turn left onto Glade Drive and proceed 0.2 miles taking then first right onto Tumbletree Way and then next left onto French Horn Lane.

A map can be generated by clicking [here](#) by those receiving TOOT by email in most formats and currently connected to the Internet.

*The PVS Roster has been included with this issue of TOOT*

## FUTURE LOCAL ACTIVITIES



### *Annual Chili Hike*

**Sat Nov 6 1:30 PM**

This is the 19th anniversary of the PVS Chili Hike and it will be held on Saturday,

November 6. Meet at 1:30 at

the Great Falls Visitor's Center, Virginia side. After hiking through the gorgeous wilderness along the river and the falls just a few miles from the White House, we'll have a hot and not-so-hot chili supper at Ray and Nancy McKinley's house. The fall foliage should be perfect! All are welcome to hike (but call to sign up so that we don't miss anyone) but space for chili is limited. Call Ray or Nancy at (703) 527-7126 to sign up for hiking and/or to reserve a place at the chili supper and also to sign up to bring an appetizer, salad or dessert. Cost for supper will be about \$8.

**Join us**



Left: PVS Chili Hikers last year with Great Falls in background.

### *Bicycling Gourmet*

**Glen Echo to Potomac**

**Thurs Nov 11, 10:30 AM**



18 mile roundtrip ride mostly via MacArthur Blvd. And Falls Rd bike paths with cappuccino/rest stop at the Vie de France bakery in Potomac with (optional) beverage/snack on return at the pub bar in the Irish Inn at Glen Echo. Mostly flat, except for a mile long hill. Come join us on this last ride of the year.

Directions: Meet at Glen Echo/Clara Barton Parking Lot (closest major intersection MacArthur Blvd & Goldsboro Road).

Time above is given when ride will take off. Please arrive earlier to set your bicycle, visit rest room etc .

Leader: Marvin Hass (703) 751-4737  
[marvinhass@hotmail.com](mailto:marvinhass@hotmail.com)



### *National Ski Expo*

**Fri-Sun Nov 12,13,14**

Dulles Expo Center \$10 admission Includes one year subscription to Ski magazine and latest Warren Miller

movie "IMPACT". Mega Ski Sale. Ski Swap. Prizes  
 Check Washington Post Weekend section  
[www.nationalskiexpo.com](http://www.nationalskiexpo.com)

### *New York RADIO CITY*

**Christmas Spectacular**

**Sat November 13, 2004**



This is an outstanding one and a half hour show with no intermission.

Dinner at *Tutto Bene* Italian restaurant will follow the show before returning to Maryland. We have a waiting list in case of cancellation.

If interested, call Wilma Sharer, 301-975-9411, or e-mail [wilma@sharerassociates.com](mailto:wilma@sharerassociates.com)

### *WISP DEMO DAYS*

**Jan 12,13,& 14, 2005**



Room per night (12 & 13)	\$69.00
9% state and county tax	6.21
Area user fee	4.20

Voucher for Thursday lift ticket \$2.00 (free over 70)  
 Après ski supplies per person 6.00 (approximately)

\* Contact Charles Huggins (301) 424-5725 if you're going so he can plan Après Ski on Wed. and Thurs nights, and buy your vouchers from Ski Chalet.

\* Rooms paid individually. For each room, call WISP hotel 1-800-462-9477 to reserve your room, ask for the Ski Chalet demo day rate, and pay one night's deposit with credit card or mail a check.

With a roommate, individual costs will be about \$40 per night. Charles will try to match you with a roommate if you need one

\* Lift tickets are obtained individually at the ski area with your ski voucher on Thursday. Week day tickets are \$39. Those over 70 ski free.

\* Meals are paid individually. All rooms have a refrigerator so breakfast cereal can be eaten in your room.

\* Additional plans Some people may wish additional days, and they can work with the hotel for additional nights.

**2005 Ski Trips/Previous Event Reviews**  
**SNOWMASS/BEAVER CREEK 2005**

*[Snowmass full, but check with leaders for last minute possibilities. Might be room for a single man.]*



Join the Potomac Valley Skiers' year after year favorite trip. Ski Snowmass for up to six days and go on to Beaver Creek for an additional three days skiing. We leave from Dulles on January 20 and fly into Aspen airport. Return on January 27 from Aspen to Dulles. For those going on to Beaver Creek, we motor coach to Beaver Creek from Snowmass on January 27 and return to Dulles on January 31 from Eagle Airport., Aspen Highlands, and Buttermilk in addition to the Snowmass area. Ski Vail in addition to Beaver Creek. All inclusive this year are: pre and post trip parties, après ski parties, group dinners, air fare lift tickets, breakfast and lunch at Snowmass, slope side access from hotels, arrangement for ski rental [which can be dropped at Beaver Creek], great camaraderie and more. Equipment rental and insurance available but not included.

At Snowmass, we again are staying at the Mountain Chalet (shown in photo at left) which has become the Club favorite and at Beaver Creek we stay at the Beaver Creek Lodge

All of the above for \$1,911 for the Snowmass portion and \$2,995 for both Snowmass and Beaver Creek. Land only, deduct \$499; non skiers deduct \$220. Add the sixth ski day at Snowmass for \$38. Your trip leaders again this year are Gene and Wilma Sharer. Contact Wilma at 301-975-9411 or at [wilma@sharerassociates.com](mailto:wilma@sharerassociates.com)

February 12-19, 2005. *join Nancy and Ray McKinley to Ski*



**TWO SPACES LEFT!**

We continue to look for new areas that PVS will love and hasn't visited. We've found a true gem in Sun Peaks, Canada's newest destination resort. "Big" describes Sun Peaks--**big fun, hospitality, mountain, terrain and vertical** and a charming, Tyrolean, car-free village that twinkles under alpine starlight. Float effortlessly through snow so light it hangs in the crisp air. Cruise, down award-winning trails. Sunny skies complemented by sunny smiles. Let your spirits soar! The Resort logs an average of 2,000 hours of sunshine. Combined with 220" of dry snow and an **average mid-winter temp. of 20 to 25 degrees F**, make Sun Peaks a favorite ski holiday

We're at **Olympic Gold & Silver Medallist Nancy Greene's Cahilly Lodge**. It includes **heated tile floors in the bathrooms and kitchens**, convenient **ski in/ski out** location, There are **2 hot tubs** and a work-out room. We have **full, hot Canadian Breakfasts daily**. Nancy Greene hosts our welcoming reception and a 2-hour mountain ski tour. The Lodge offers many room types. We selected Studios featuring 1 or 2 queen beds, TV, VCR, kitchen, most with fireplace, and bath. We also offer Hotel rooms and larger rooms.

**Access is a piece of cake!** We fly from Reagan National on Alaska Air non-stop to Seattle, leaving at a civilized 9 am. A brief layover to switch flights gets us to Kamloops, and then to the resort, by 2:30 pm. Wow! Aside from air, lodging and 5 of 6 day lifts Our trip also includes 3 dinners, happy hours, pre & post trip parties, bus & bellman tips, etc. **GREAT PRICES - \$1,732; 65+ \$1,685; LAND ONLY \$1,173, \$36 less in Hotel Room**

**This year due to air schedules we have only 30 spaces.** To reserve, send your check for \$250 per person payable to Ray McKinley and send it to McKinley's, 2326 N Upton Street, Arlington, VA 22207-4045. Please call us for a copy of our flyer and lots more information at (703) 527-7126.

**LATE BREAKING NEWS:** California's Mammoth Mountain received nearly 5 feet of snow last week



## Previous Event Reviews

### *October 19 Monthly Meeting at the Waddick's*



It's has always been a good guessing game to find out what new improvements have been added to the John and Dorie Waddick residence in Alexandria. This time it was a faux brick driveway created from asphalt! Those who

entered the house found it to be an ideal location for meeting their PVS compatriots, nibbling the refreshments, and enjoying glass of wine or other libation.

The meeting was conducted by ExCom member Mike Strand and announcements concerning the various local activities and western ski trips were made. Those present gave a unanimous vote of appreciation to the meeting hosts, whose photo appears on the left. The formal portion of the meeting concluded with a moment of silence in honor of long time member Lu Beale (and editor of TOOT for 27 years!) who passed away on October 6. Her memorial service was held on Wednesday October 13 with a large number of PVSers present.

### *Blue Ridge Ski Council Meeting Oct. 3, 2004*



Thirty seven people attended the Sunday Meeting. Charles Huggins and Glade Flake represented PVS at the meeting. The upcoming National Ski and Snowboard Expo at the Dulles Expo Center Nov. 12-14 was the first thing on the agenda. Admission will be \$10 and will include a free subscription choice of Ski, Skiing, or Snowboarding. Door prizes will be awarded. Approximately sixty representatives from U.S., Canada, and Europe will be at the Dulles Expo Center. The latest movie from Warren Miller Entertainment titled "Impact" will be shown every two hours. Several retailers have promised great deals on their merchandise.

The Blue Ridge Council voted to award their Ski Safety/Winter Sports Promotion Award to the Baltimore Ski club.

Glade served on the European Committee which selected 12 ski areas for future trips. The areas chosen were not the most popular, but places that would accommodate a large group and have sightseeing available. Schladming was recommended over Davos for Eurofest 07.

Peter Porton reported on The National Ski Council Federation Meeting held in Engelberg, Switzerland. BRSC is one of 23 founding councils of NSCF in 1998. Of the U.S. skiers, about a quarter ski with clubs. The biggest demographic of skiers is the Baby Boomers. They have the money and the time and seem to be more active later in life than their predecessors. From 1999-2004, the 40+ ages went from 40.4 – 43.3% of skiers. Under 19 decreased from 25.7 -

20.8%. 19 – 29 increased 16.1 – 22% . The 30 – 39's went from 17.8 to 13.8%. Average age increased from 34.5 to 35.8. Snowboarding has peaked. From 1999 to 2004, club skiing has decreased 10%. Families with kids ski more, but not with clubs. The long term future of skiing will change with global warming. In the next fifty years, the snow line will go up with more rain than snow at lower altitudes. Snow at higher altitudes will increase, but so will the increase danger of avalanches.

Arrangements on the Breckenridge trip Feb. 5 – 12 were discussed. PVS is not participating this year. Three hundred and seventy five have signed up for the trip. The trip price is approximately \$1300 and has a six day lift ticket which can be used at Breckenridge, Araphoe, Keystone, Vail, and Beaver Creek.

The Vendor chosen for the Sun Valley trip Feb. 11 – 18, 2006 was Rocky Mountain Tours. GTU was chosen for the Val Gardena trip March 3-11, 2006. Donna Brother is the Sun Valley Coordinator, and Peter Porton is the Val Gardena Coordinator. Lodging at Val Gardena will be in the town of Selva.

The Mid Atlantic – DC Travel Show will be held Saturday April 30, 2005 at the Marriott Hotel in North Bethesda and will run from 12PM to 3 P.M. A Travel Leadership Workshop will precede the Travel Show for one and a half hours. PVS travel leaders might wish to attend this workshop.

Reflections of Lu Beale by Bill Anderson -- Segment of Lu Beale's first Washington Post article on Skiing

## *Reflections on Lu Beale*

The year was 1965 and the Ski Club of Washington ran a Learn to Ski Week to Canada. Lu, never having skied, immediately signed up for the trip. Jamie Miller was the trip leader.

The Washington Post published a series of articles related to the trip. These articles were written by Lucrece Beale and were titled, "You Are Never Too Old to Learn to Ski." [See just below for sample] Lu took to the sport immediately and loved it and continued to ski for the next 37 years.

A tribute written by Judy Caitlin (Sidwell 1950) appearing on the Sidwell Friends web site [[http://www.sidwell.edu/retired\\_former\\_employees/main.htm](http://www.sidwell.edu/retired_former_employees/main.htm)] told of Lu's many talents and accomplishments including writing coaching tennis, hiking, etc. However we PVSers knew her for her great sense of humor, her ability to tactfully guide the Club through any difficulty that was encountered. Lu was a most generous and gracious hostess, entertaining us frequently in her home as well as in her beloved Chevy Chase Club. Lu was also a talented artist and many of her paintings are displayed in her home where her daughter continues to live. Lu wrote the Toot memorial for Jamie Miller, saying "that to remember Jamie is to remember the hikes, trips, parties, etc., and the great camaraderie we cherish in PVS." These words are also most appropriate for our beloved Lu.

Her memorial service held at the All Saints Episcopal Church on October 6 was attended by an overflowing congregation of family and friends. It was uplifting and inspiring, concluding with the singing of the recessional hymn "Where the Saints Go Marching In."

*Submitted by Bill Anderson*



Washington Post January 17, 1965, F25

### *She'll Measure Up To the Mountain*

*By Lucrece Beale*

Last year while I was visiting in New Hampshire a friend gave me a pair of ski boots for my birthday. Since I had never been on skis and it was a half-century birthday this was supposed to be something of a joke.

Only I didn't get the joke. I took up skiing.

I learned how to herringbone up a hill and how to snowplow down. I rode a T Bar to the top of the mountain and descended a two-mile trail sitting on the tails of the skis all the way--no mean feat, and if you don't believe it, try it.

When it was over I was hooked. Before I left I stood at the bottom of the mountain and watched the experts come swinging down the trail. They were gods and they knew it as, whooping and hollering, they gave their last dazzling performance of the day.

I took their measure and I took the mountain's measure and General MacArthur could have said it better. I said coolly to whomever care to hear: "I'll be back."

(Above is the beginning of the first of nine articles on skiing written by Lu Beale and published in the Washington Post.)

(Left: Lu Beale at Big Sky in Year 2000)



Lu Beale's three published Christmas story books are now being offered on an inventory reduction sale for \$9 (for all three books including shipping) by Nostalgia Trims, 5590 S. M 43 Hwy, Hastings, MI 49058. Tel: (269) 945-5170. Web Site: [www.nostalgia-trims.com](http://www.nostalgia-trims.com)

Written in the early 1940's these books give us a nostalgic view of Christmas entertainment at that time.



## THE KNEE

By Ray McKinley

Lu Beale died peacefully, at home, on October 6. She was under hospice care. Despite a generation difference in age, the Knee lost a best friend. And PVS lost our one and only *Grande Dame*. There is no replacement in sight. And there likely won't be.

Lu Beale is survived by her daughter, Mary, and her son David. She is also survived by hundreds of thousands of words which will live on, and by hundreds if not thousands of friends who will cherish her memory.

I visited Lu the day before she died. She was very weak and could barely talk. She cared about PVS. She wanted to know about the past meetings and events. And she clearly enjoyed hearing from the ¾" thick pile of e-mails that had been sent by PVSers.

Funerals do bring people together. Lu Beale's was no exception. There were some 75 PVSers there. Charlotte and Jim Kline drove up from Ford's Colony, near Williamsburg—where they, finally, expect to move into their new home momentarily. Carol Parmenter came down from Baltimore. And Gail and Larry Pease came up from Newport News where they now live near Gail's daughter and veterinarian, Angie. Also, Gail's son, Greg Gell, was there from Oregon where he is a patroller at Mt. Hood.

Also there was June Read, a scant three weeks after knee replacement surgery. She was walking without a cane or noticeable limp, albeit with considerable soreness. Kneet!

Jean Heitchue is done with successful lower back surgery and in rehabilitation until early November. Pres. Reg is having "oodles of fun," baching it. However, with lots of culinary help from Marilyn Clark, he successfully hosted our October ExCom meeting.

Next time you visit the Heitchues, be certain to ask Reg about the old car in his garage. Old is definitely the word. It is a 1908 Reo, which was restored by Jean's father. Please note that the

Knee didn't Dodge this issue. And I would never bring it up for a Jeep joke.

Whilst in Knee Mexico, I saw a bumper sticker which read "Keep Taos Board Free." I loved it. Later, chatting with Taos locals, I discovered that Taos' scrappy founder, Ernie Blake had in his will that if the person taking over the resort lets in Boarders, that individual will be removed as a beneficiary from the will. The same is true for the next person to run the resort. Ernie was a serious anti-boarder!

It's also true for me, and it's in my will for Knee follow-on'ers when I retire at the age of 120. I actually don't have a will, I have a won't.

Recently back from Italy are Fred and Barbara Leonhardt. They started in Rome, took a cruise and ended in Venice. Bob and Karen Knopes were also in Italy. They toured Tuscany and visited former colleagues in Trieste and Rome and ate well. Chow—or something like that.

One of our oldest active members, 91 year old Marianne Cook, is back from a solo trip to Vienna--and I don't mean the one in Virginia! After a week in the city, Marianne visited her long-time girl friend in the countryside. Each day the two hiked twenty minutes each way to the music school so Marianne could practice piano.

After a summer mostly away, Marilyn Clark is back as a docent at Hillwood. Her favorite things there are the fabulous Faberge eggs. When I first heard this I thought it a yoke.

Speaking of yokes, Bill Anderson claims his foot went to sleep one afternoon and then it kept him awake all night.

Earlier this year, Karin and Knox Felker spent three weeks in Denmark, including a visit with Karin's brother. Now Karin's brother has just completed a three week visit here. Reciprocity - which is a city near Shady Grove.

Dottie Villars and Marilyn Clark have both decided that they don't like gyms or diets. Yet each manages to keep her svelte shape. On the other hand, Jessma Blockwick loved doing Pilates. This exercise was named after Pontius.

Lu Beale's three published Christmas story books are now being offered on an inventory reduction sale for \$9 (for all three books including shipping) by Nostalgia Trims, 5590 S. M 43 Hwy, Hastings, MI 49058 Tel: (269) 945-5170 Web Site: [www.nostalgiatrim.com](http://www.nostalgiatrim.com)

Written in the early 1940's these books give us a nostalgic view of Christmas entertainment at that time.

## CALENDAR

### CALENDAR

Nov 6 Sat Chili Hike  
Nov 11 Thurs Bicycling Gourmet  
Nov 12-14 Fri-Sun National Ski Expo - Dulles Expo Center  
Nov 13 Sat New York Radio City  
Nov 16 Tues PVS Monthly meeting at the Finan/Welti's  
Nov 23 Tues ExCom meeting at the Brunelli's  
Dec 21 Tues Xmas Party at Judy Macaluso  
Jan 11 Tues ExCom for Dec/Jan at the Clark's  
Jan 12, 13, 14 Wed-Fri WISP Demo Days  
Nov 5 (2005) 40<sup>th</sup> PVS Anniversary Bolger Ctr. Potomac

### 2005 Western Ski Trips

Jan 20-27, 2005 Snowmass  
Jan 27-31, 2005 Beaver Creek  
Feb 12-19 2005 Sun Peaks  
Mar 19-25 2005 Mammoth

#### Change of postal or email address:

Call Wilma at (301) 975-9411  
or send email message to  
[wilma@sharerassociates.com](mailto:wilma@sharerassociates.com)

#### E-mail Notice

If you want to start receiving  
TOOT electronically, please let me know.  
Thanks, Jan = [jebbmarx@aol.com](mailto:jebbmarx@aol.com).

### CURRENT PVS BOARD & OFFICERS -2004-05

President – *Reg Heitchue*  
Vice President – *David Abraham*  
Secretary- *Dottie Villers*  
Treasurer – *Ray Jones*  
Membership- *Wilma Sharer*  
Program Cmte Chair –  
*David Abraham*  
Events – *Ray McKinley*

Mid-week Events: vacant  
Ski Trip Cmte Chair – *Bob Marx*  
TOOT Editor – *Jan Marx*  
TOOT Proofreader – *Bob Marx*  
TOOT Mailer – *Marilyn Clark*  
Meeting Records – *Sara Huggins*  
Historian – *Jan Marx*  
Webmaster - *Marvin Hass*

#### EXCOM:

First Term:  
*Marilyn Clark*  
*Dave DeVilbiss*  
*Mike Strand*  
Second Term:  
*John Brunelli*  
*Ray McKinley*  
*Dottie Villers*

### ExCom and other Club news

The minutes of the September ExCom meeting have been approved and can be viewed by clicking [here](#) by those currently connected to the Internet. The October ExCom meeting participants welcomed the return of the regular TOOT editor, Jan Marx, and the Chairman of the Trips Committee, Bob Marx, from their extensive van trip out west which included visiting PVS member Penny Hanshaw at her home in Ouray, Colorado.

Various issues relating to the operation of PVS were discussed and these will be reported in the October meeting minutes when available and approved. Plans for the 40<sup>th</sup> anniversary celebration of the founding PVS are proceeding. As noted in the calendar above, the date selected is Saturday evening, November 5, 2005 and the tentative location is at the Bolger Center in Potomac, MD which offers attractive facilities. In fact, out-of-town members of PVS attending this celebration might consider staying there as this is a conference center which also does offer lodging.

TOOT: An abridged version of the PVS roster has been enclosed with this November issue of TOOT. Those receiving TOOT by email in the "pdf" format will also receive it that way. For those receiving TOOT by email in other formats, we will try making the roster available somehow. We can recommend using the "pdf" format for a number of reasons for this and other purposes (For example, we are approaching tax time and you can download and print various IRS tax forms this way). Nearly one third of our members now receive their copy of TOOT by email only. The email version when viewed on the computer screen allows the use of color and express "links" such as the one for "[here](#)" in the second line of this section allowing immediate viewing of additional content on the PVS web site (this feature works only for those receiving the "pdf" and "doc" formats). Furthermore, those receiving TOOT by email only save the club a significant amount in operating expenses. *Marvin Hass, Webmaster and temporary editor for this issue.*