



VOLUME XXXVIII  
NUMBER 10

# Potomac Valley Skiers, Inc.

OCTOBER, 1992

WASHINGTON

MARYLAND

VIRGINIA

## President's Message :

It was just great seeing so many of our members at the first regular meeting of the 1992-93 Season. Over 31% of the membership were represented. Bette Walker did a super job in coordinating the art show. What a talented group of people we have. The exhibits included paintings in oils, watercolor, acrylics and pen and ink sketches. There were also fabric design, needle work, pewter craft, photography and handcrafts. Jack Peoples displayed a magazine rack purported to have been made in the eighth grade. Come on, Jack, I saw the same thing at K-Mart at one of their midnight madness sales.

As the old adage goes, all good things must come to an end. Regretfully, Myra and Ken Evans will be moving to Atlanta, Georgia, within the near future. The Octoberfest on October 3, will be the last event held at the Evans' palatial home in Oakton. Myra and Ken joined PVS in 1982 and have been truly dedicated and devoted members, opening their home for numerous club functions, organizing and leading bike-outs, and participating in club trips. We will certainly miss this great couple and their generous hospitality. We will never forget them and I believe they will not forget us. So, I say to Myra and Ken, the best to you in your new adventure.

So, as a final gesture of our love and devotion, we are offering to you the 25th Anniversary Mug at a special "Leaving Town Discount Price." Please call me for details.

Bill Anderson, President

## MONTHLY MEETING

TUESDAY, OCTOBER 20, 1992

WHERE: Home of Liz and Serge Triau 8:00 P.M.  
18056 Mill Creek Drive, Derwood, MD.  
Telephone: 301-840-1128



The hospitable Triaus are again opening their home for the October meeting. Come to mingle, to talk ski talk, to munch and sip, and for an update on club business.

Don't forget the \$2 entrance fee to help defray meeting expenses!!

**DIRECTIONS:** Take Beltway to I 270 North towards Frederick. Proceed to Exit 9 for 370 East and Metro Station. Bear to the right and follow 370 East for two miles to Shady Grove Rd. East Exit. Go east on Shady Grove Road for 1.6 miles to intersection of Rte 115/Muncaster Mill Rd. (Sixth traffic light. Fire house on the right.) Go left on 115 to first street on left - Miller Fall Rd. (stone pillars). Take Miller Fall Rd. to first street on right - Mill Creek Dr. and continue to 18056 on the right hand corner

## COMING EVENTS



### CAPITOL HILL EXPLOSION - Saturday, October 10, 1992

There are still several spots open on this limited event which includes Bloody and Virgin Marys at Marilyn Donahue's capitol Hill townhouse from 11 A.M. to 12:30 P.M., a tour of nearby Eastern market and buy-your-own lunch at Tunnicliff's Tavern.

Call coordinator Jack Peoples soonest (301)881-6220.

Directions: Meet at Marilyn's at 406 G Street SouthEast. (Tel:202)544-5503.

### DINING OUT GROUP - October 13, 1992

Join us for dinner on Tuesday, October 13, 1992.

Meeting and greeting at 6:30, Dinner at 7:00 P.M. For this month's Octoberfest dinner we will meet at the WURZBURG HAUS, 7236 Muncaster Mill Road, Rockville. The WURZBURG HAUS is a very good and inexpensive German restaurant.



Directions: Go north on Route 270 and get off at the Shady Grove exit (Exit no. 8) and go EAST for 3.0 miles to Muncaster Mill Road. Turn right on Muncaster Mill Road (Route 115 East) to the first corner (about 0.2 miles). The WURZBURG HAUS is on the right in the Redlands Mills Shopping Center (Corner of Muncaster Mills Rd. and Redlands Road).

So that we may know how many to expect, please call Pat Tengel or John Smith at (301) 299-8376 by Sunday October 11.

### AUTUMN AT THE BEACH WEEKEND WITH THE BARRYS October 16/18



This event is already full but the Barrys may be able to find extra nearby accommodations for anyone interested. Please call Vivian or Bob (302) 227-7000. Any participants needing information regarding the weekend program or directions, please call the Barrys.

### FALL HIKE WITH DINNER AT THE MILLERS' - Saturday, Oct. 24th: 9:30 A.M. RAIN OR SHINE!!

Limited to 40, there are still a few places available for this grand view-the-foliage hike with a memorable dinner afterwards at the Millers' historic Strasburg home. Call Bob Harmon to reserve a place (703)820-6561.

Time: 9:30 A.M. We will meet at the Cooper School just inside the Beltway at Exit 13, Rte. 193 (Georgetown Pike). The school is on the right side of #193 (going towards D.C.) on Balls Hill Rd. We will arrange car pooling here.

Bring: lunch including beverage & warm clothing in case it gets cold after dark. Also, rain gear if indicated.

If you do not plan to meet at Cooper School, please call hike leader Bob Harmon to let him know your plans and to get directions to trailhead.

Reservation deadline: October 19th.



## COMING EVENTS

SATURDAY, OCTOBER 31 - HALLOWEEN COSTUME PARTY 7:30 P.M.

What: You may be too old to "trick or treat" but you're never too old to "dress up" in whatever costume imagination and sense of humor may dictate. So, pull a sheet over your head or a hula skirt around your waist. Shake a bag of bones or don a witch's hat. Or just wear a mask. Whatever. Don't miss the fun at the club's first costume party.

Where: Home of Arlette DeLong, 2252 Hall Pl. N.W. This is in upper Georgetown, Northwest, D.C., just off Wisconsin Ave., 0.7 mile south of the intersection of Wisconsin and Mass Aves. Hall Place is a short street with a dogleg and, because most of it is one way, you best go one block past Hall as you are driving south on Wisconsin to right on W and right on Hall Pl. to 2252.

When: 7:30 P.M.

Reservation limit: 25. Call Arlette (202)337-4664 by Oct. 26.

Cost: Potluck. Check with Arlette on what to bring. Cost of drinks, etc. will be prorated among those present.



GREAT FALLS HIKE AND CHILI WITH NANCY and RAY...November 14. RAIN OR SHINE!!

This event is now wait-listed. Call Ray or Nancy to know what to bring.

Directions in November TOOT.

P.S. You can come just for the hike (if you wish) if you can't get on the dinner list.

AUTUMN DINNER AT THE ARTS CLUB OF WASHINGTON ... November 20.

See November TOOT for directions to this optional black tie event. In the meantime, call coordinator Bill Anderson if you have questions. (301)654-4711

November 6,7,8 1992 - Annual Ski Expo and Winter Sports Festival at Ballston Common in Arlington. Sponsored by the BRSC. Admission Free. Show hours: Friday 4 P.M. - 9:30 P.M.; Sat. 10 A.M.--9:30 P.M.; Sun: Noon-6 P.M. For more info, call George Creed (703)281-3875 or Zedeck Assoc.(703) 553-8993.

AS A COURTESY TO THE MEMBERSHIP, TOOT PRINTS THE FOLLOWING ITEMS AND INVITES MEMBERS WISHING TO RENT THEIR VACATION PROPERTIES TO SUBMIT BRIEF DESCRIPTIONS TO JACK PEOPLES FOR INCLUSION IN SUBSEQUENT TOOTS.

### RENTALS - WINTER OR SUMMER

Property - Salt Lake City, Utah.

4 bedroom, 2 1/2 bath. Hot tub. 15 minutes from airport and from Alta and Snowbird. Call owner: Charlie Farwell, 301-949-2375, concerning price and availability.

Property - Ocean City, Md.

2 bedroom, 2 bath. Accommodate 6. Ocean front at 35th St. Beautiful view. 2 blocks from boardwalk. Available October through April. \$65 nightly. Call owner: Reg Heitchue, (H) 703-860-9190 or (O) 703-482-8664 concerning availability.

PAST EVENTS

CRABFEST

by Bob Harmon

About 48 PVSers and guests showed up for the annual crabfest on September 4 which was hosted by Betty Lawrence again this year. Before the main event (eating), there was time for conversation and drinks and -- for the athletically inclined -- swimming in Betty's pool and even tennis on Betty's court. (Whoever would have suspected that Helen Price had such a vicious serve!?)

The skies had been menacing all day, and just as we finally sat down to eat on Betty's spacious deck, about 10-12 raindrops fell, but then the storm mercifully retreated and the weather remained pleasant. For the main event there was a vast quantity of crabs (though some misguided souls opted for hamburgers instead!) and an impressive array of hors d'oeuvres, salads, and desserts, all very tasty, as usual. Now appearances can be deceiving, but to this impartial observer it certainly appeared that Nancy Sexton could claim all honors for polishing off the greatest number of crabs. An impressive achievement indeed, Nancy!

Many thanks to Betty, once again, for her generous hospitality!

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SEPTEMBER MEETING AND ART SHOW by Lu Beale

About 60 Skeeters came to the September meeting and Art Show at the Evans'. "Skeeters" is the wonderfully apt word coined by Dick Clark for PVSers who love eating almost as much as skiing. We proved the point as we attacked the Evans' bountifully laden tables while all the while talking "ski talk". We finally settled down for the business meeting conducted by Pres Anderson and featuring complete reports on upcoming ski trips.

The Art Show, coordinated by Bette Walker, assisted by Bob Harmon, was a huge success. The only complaint was that, with all the socializing (and eating!), there was insufficient time to study and appreciate the incredible talent on display.

Sixteen gifted Skeeters contributed samples of their oeuvre proving that there is, after all, more to us than athletic and gastronomic skills. Among the works shown: photographs by Ned Seeman, Bob Marx and Dick Clark; a pewter cruet by John Mathews; a macrame plant hanger by Dina Taylor; a paper sculpture by Charlotte Reith; paintings in oil, watercolor, pastels or acrylics by Jeanette Albersheim, Lu Beale, Marilyn Clark, Bill Anderson, Nancy Lewis, Nancy Monacelli and Bob Harmon; original designs and crafts by Jan Marx; needlepoint by Chris Waln and, finally, a magazine rack made by Jack Peoples in the 8th grade.

Many thanks to all who contributed and to the coordinators and to the Evans not only for their hospitality to all but for so generously stripping their walls so that the art work could effectively be displayed.

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# THE KNEE

by

Ray McKinley



Cold things are appropriate in a ski publication.

The Knee is "chilling out." This column is being written on the beach in the British Virgin Islands. (As proof, please note the sand in this column.) Sand. Sand. Sand.

Why the BVI? Well,... you see, ...because, ...the Knee is turning f...fif...fifty. There, it's out. Half a century old may not seem that old to some of you, but fifty is older than I've ever been.

I don't feel any older and my skills remain fyn.. er, fine. Sand. Sand. Sand.

Fellow PVS-persons Bob Marx, (recovering from back surgery and rarin' to ski) and Jerry Clapp also turned the half century mark within the month. But they are old!

More old news -- from the Flakes August event. Hostess Joan lost a diamond earring off their dock. One of their young neighbors dived in and brought up a bowl of rock and muck. And a glistening diamond earring. Right on.

On Lu Beale's surprise 78th birthday cake were lots of skiers "skiing" through trees. John Smith mused, since we were at the Flakes, Glade skiers were appropriate.

Lu spontakneefully invited everyone to her 80th birthday in two years "either at my house or the cemetery -- wherever I am."

Dick Comerford is working out at the gym to get into shape for his Steamboat trip. Betty is being a bit more casual in her preparations. Six years ago, after lots of exercise, she was in great shape to ski France. She did half of one run and destroyed her knee. Last year at Steamboat, with no preparatory exercise, Betty skied for the first time in 6 years. And for 4 straight, safe days she had a ball. Q.E.D.

Betty, take it from the Knee's knees. Build up those quadriceps.

Quads can save your knees. Don't forget, this column is so monikered because of wounded knees.

PVS goes to the DOG's. Our own Dining Out Group has just finished its first year. A very special tip of the ol' Knee cap to John Smith and Pat Tengel whose leg and mouth work (sampling the food, of course) has made the monthly event a real success. Sorry I couldn't attend more. I was exercising my quads.

Another tip of the ol' Knee cap to Bette Walker. Her efforts to have an art show got some of us off our duffs and doing art. The Knee started his first stained glass piece in seven years. What fun! Sadly, it wasn't finished in time for the show. Exercising my quads, kneea culpa.

The Knee is not really that old or creaknee. I have read that birthdays on a British Virgin (Island, of course) don't count. Sand. Sand. Sand.

The day after the PVS Oktoberfest, host Ken Evans will leave permanently for Atlanta. Myra will follow when their house is sold. Seems they have a chance to buy into his company there. We'll all miss PVS' ho-persons extraordinaire and cycling enthusiasts. Ken surmises that next year's Oktoberfest will have to be a two-day journey to Atlanta. Peachknee.

In addition to last month's mention of early skiers, there are others. The Wyckoff's, after returning from Germany, will be in Breckenridge the second week in December. And Norm Engelman and Charlie Huggins will be off to Winter Park on the first of December!

Congrats to Chris Waln who has just been promoted to Colonel. The Knee always believed Chris had a kernel of bird in him.

Charlotte Reith notes that you can ski this year in Iran for \$1.00. (Ay-a-toll you so.) The lifts are segregated by sex. The Knee hears the skiing's on sand, sand, sand.

The Knee remains "chilled out."

# SKI TRIPS

## STEAMBOAT SPRINGS, COLORADO, December 5 -12,1992

Wanted: one good woman for the Steamboat ski trip. Must be interested in enjoying the company of a great group of people. All others will be given priority on the wait-list. Call trip leaders Dick and Betty Comerford (703) 777-9374.

## STOWE, VERMONT January 9 - 16, 1993

Good news: seniors over 70 get free lift tickets. Total trip price for those eligible will be \$510. Check with leader Jack Peoples (301) 881-6220. There are only a few places left on this great trip. Call Jack.

## SKI-O-REE AT BLUE KNOB ... January 29 - 31,1993

Ski all weekend at Blue Knob and be back home in time for Super Bowl. Send your \$26 deposit to Jack Peoples NOW: 12405 Village Sq. Terrace, Rockville, Md., 20852-1946. Apt.102. Questions? Call Jack (301)881-6220.

## SKI FRANCE - January 22 - February 3,1993

This trip has been re-arranged and the Verbier portion has been dropped. Instead, the group will spend 10 days in Meribel plus one night in Geneva. The Paris stop-over is still available. The package price is \$1795. See flyer in this TOOT and call Gorman Young (202) 244-2319 to reserve a place and get details. Reservations are limited so act soon.

## BIG SKY, MONTANA - February 17 - 26,1993

Trip leader Dina Taylor still hopes to obtain additional accommodations for those wait-listed. Call Dina (301) 663-6089.

## SALT LAKE, UTAH - MARCH 16 - 23,1992

Call leader Shirley Rettig for details (703) 836-0147.

Anyone interested in an 18 day ski trip to Russia Feb. 5 - 22, 1993 sponsored by the non-profit Intellec/Intres Foundations, and open to all BRSC members, call George Livieratos 410-992-9468.

### PVS OFFICERS

President ... Bill Anderson  
Vice President ... Mary Jane McCarthy  
Secretary ... Irene Farrell  
Treasurer ... Nancy Garrett  
Membership ... Marilyn Clark  
Program Chairman ... Ray McKinley  
Trip Chairman ... Dick Comerford  
TOOT Editor ... Lu Beale  
TOOT Production ... Jan & Bob Marx  
TOOT Copy Editor... Bette Walker  
PVS Answering Service ... The Marxes  
(703) 451-9158

### EXCOM

Second Term:  
Joan Flake  
Bob McNeill  
Jack Peoples  
First Term:  
Bob Harmon  
Karen Felker  
Janet Waln

# SKI THE ALPS WITH PVS



POTOMAC VALLEY SKIERS PRESENT

MERIBEL, FRANCE - JANUARY 22 to FEBRUARY 3

PARIS STOPOVER (OPTIONAL) - FEBRUARY 3 TO FEBRUARY 5

Treat yourself to an unforgettable ski and travel adventure at one of the VERY BEST SKI AREAS in Europe! On Jan. 22 at 6:20 p.m. we fly AIR FRANCE from Dulles direct to Paris - change planes - arrive Geneva 1:20 p.m. Thence by private motor coach to Meribel - 3 hours.

### MERIBEL, FRANCE

Claims to have "the most extensive ski area in the world" - you can ski the 3 Valleys on one ski pass - 375 miles of trails - 200 modern lifts - mostly gondolas, chairs and cable cars. Pick a different valley each day all connected by a great "lift system" from your "ski in-ski out" hotel. Great names like Courchevel, Meribel, Les Menuires, and Val Thorens - groomed trails from easy to tough - even glacier skiing. ~~Something for everyone but mostly intermediate!~~

The 3 Valleys Ski circuit is truly an endless ski safari and Meribel is right in the center.

We are staying at the 3 star hotel "LeRuitor" on the plaza at Meribel-Mottaret - within a short walk of shops, restaurants, tea rooms, discos and more. It also is the connecting point of the gondolas going to the ridge tops leading to Courchevel, Les Menuires, and Val Thorens. It couldn't be more convenient! Other activities in Meribel include cross country skiing, indoor swimming pool, hang-gliding, para-gliding, snow shoe outings, tourist flights by Meribel Air, off-piste skiing with guides, and ice skating in the indoor arena which hosted the ice skating events of the Olympics of '92. Also test your skill on the "Roc de Fer" slope site of the women's downhill and slalom events in the '92 Olympics.

Soak up the French Culture - "Vive la France."

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COURCHEVEL

LA TANIA

# les 3 vallées

## savoie france

MÉRIBEL

LES MENUIRES

VAL THORENS

RETURN

On Tuesday Feb. 2 we return to Geneva spending the night at the Hotel Penta and hopefully have time for some sightseeing. On Feb. 3 we depart at 10:15 a.m. - arrive Paris at 11:20 a.m. - change planes - depart at 1:15 p.m. - arrive Dulles at 4:05 p.m.

IMPORTANT OPTION

A stop-over in Paris for 2 nights, Wednesday and Thursday - Feb. 3 & 4 returning on Friday, Feb. 5 - at no extra airfare. Cost of hotel, double occupancy, is \$150 per person for 2 nights including breakfast and transfer by private bus to and from airport.

PACKAGE PRICE OF \$1795 per person, double occupancy, includes round trip air, 11 nights lodging at 3 star hotels, breakfast and dinners daily, except breakfast only in Geneva, transfers from airports to hotels by private bus if we have 10 or more people, otherwise by schedule ski bus, hotel tax and service charges, U.S. departure taxes and all U.S. and Swiss airport fees.

DUTCH TREAT PARTIES BEFORE, DURING AND AFTER TRIP!

This package price is a bargain. Let's make a success of this trip by getting in your deposit NOW! Don't delay! - Reservations are limited!

PAYMENT SCHEDULE

- \$700 - With application
- \$650 - Oct. 1
- \$445 - Nov. 1

Make checks payable to "PVS France" and send with application to trip leader Gorman F. Young, 5187 Watson street, NW, Washington, DC - 20016, phone 202-244-2319

CANCELLATION POLICY

Airfare - is non-refundable except in case of illness of passenger or immediate family member.

Land Package Penalties are: Up to 90 days prior to departure - \$50. From 89 to 45 days prior - \$200. From 44 to 21 days prior - \$700. From 20 to 8 days prior - \$1,000. From 7 days to departure - no refund.

Substitutions can be made for cancelled passengers for a \$50 to \$75 administrative fee.

TRIP CANCELLATION INSURANCE IS AVAILABLE and is HIGHLY RECOMMENDED!!

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APPLICATION FOR PVS SKI FRANCE

Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
 Address \_\_\_\_\_ Smoker \_\_\_\_\_ Non-smoker \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone: Home \_\_\_\_\_ Office \_\_\_\_\_ Roommate preferred \_\_\_\_\_  
 Member of \_\_\_\_\_ Ski Club \_\_\_\_\_

I acknowledge that PVS, their officers and trip leaders are acting as agents in making these arrangements and assume no responsibility for any injuries, loss or damage to personal property, nor for additional expenses that may be caused by weather or other events beyond their control.

Signed \_\_\_\_\_ Date \_\_\_\_\_



# COOK'S CORNER



by

Nancy Garrett

As promised last month;  
the balance of the menus  
from the Walns' June Luau.

## MANDARIN ALMOND SALAD

Clean and chop:

- 3 heads romaine lettuce
- 5 cups fresh spinach

Just prior to serving stir in:

- 2 cans drained mandarin oranges
- 3 chopped scallions
- 3/4 cup sliced almonds

Dress just before serving by mixing:

- 2 (8 oz.) bottles Wishbone Classics Lite Olive Oil Vinaigrette
- 4 oz. honey

Serves 35.

## SKEWERED APRICOT CHICKEN

Using food processor or blender, work into a rough puree:

- 1 14 oz. can apricots with syrup

Add, mixing well:

- 2 Tablespoons Wishbone Lite Olive Oil Vinaigrette Classics Dressing
- 2 Tablespoons Lite soy sauce
- 1/2 teaspoon garlic powder
- 1 teaspoon ground ginger
- 1 inch piece fresh ginger root (peeled and cut into 4ths)
- Pinch dried tarragon, salt and fresh ground pepper - to taste

Reserve 1 cup. Refrigerate for later use.

Cut into large chunks:

- 8 boneless, skinless chicken breasts

Marinate chicken chunks in refrigerator for at least 24 hours. Skewer 5-6 chunks per skewer and cook on oiled grill 15-20 minutes. Five minutes before finished, heat reserved apricot mixture to a boil. Pour over cooked skewers on foil-lined tray and top with:

- 3/4 cup roasted almonds

This serves 6-8. Janet quadrupled for the Luau.

## OVEN KALUHA PORK

For one 5-6 pound fresh boneless pork loin rub into meat:

- 2 Tablespoons kosher salt
- 1 Tablespoon liquid smoke (Colgin's)

Clean several times:

- 1/2 lb. large fresh spinach leaves

Wrap the pork roast in the spinach leaves. Double wrap in aluminum foil. Place in roaster and cover tightly with foil. Place in pre-heated 500° degree oven for 30 minutes. Reduce heat to 325° and cook for 4-5 hours. (Janet used 16 lbs. of roast for the Luau and tripled the recipe. Janet cooked 45 minutes at 500° and 6-1/2 hours at 325°.)

Unwrap carefully (steam). Pork shreds with fork easily. The juice is very good on the meat or over rice.

## HONOLULU CREAM CAKE

Prepare according to package directions, using 9" X 13" pan:

- 1 package yellow cake mix (Janet used Duncan Hines Deluxe Moist Mix)

Cool completely.

In a small bowl, beat together:

- 1 pkg (8 oz.) Philly Lite Cream Cheese
- 1 cup coconut milk (Cream of Coconut used for Pina Coladas works fine)
- 1 pkg (3-1/2 oz.) instant vanilla pudding

Spread over cake. Over pudding mixture, spread:

- 1 can (1 lb. 4 oz.) crushed pineapple, drained VERY well

Cover pineapple with:

- 1 (12 oz.) container Cook Whip topping

Sprinkle with:

- 7 oz. shredded coconut

Chill overnight before serving. Stays moist for 3-4 days in the refrigerator if there are leftovers. Janet doubled cake and tripled frosting for the Luau.

## CALENDAR

- Oct. 3 .. Oktoberfest at the Evans' 3:00 P.M.  
Oct. 10 .. Capitol Hill Explosion. See page 2.  
Oct. 13 .. DOGS See page 2.  
Oct. 16/18 .. Rehoboth Weekend with the Barrys. See page 2.  
Oct. 20 .. Monthly Meeting at the Triaus.  
Oct. 24 .. Fall Hike/Dinner with the Millers. See page 2.  
Oct. 27 .. ExCom at the Garretts'. 7:30 P.M.  
Oct. 31 .. Costume Party at Arlette DeLong's. See page 3.  
Nov. 6/9 .. Annual Winter Sports Festival at Ballston Common. See page 3.  
Nov. 14 .. Chili Hike. See page 3.  
Nov. 17 .. Monthly Meeting at the Marquardts'.  
Nov. 20 .. Autumn Dinner at the Arts Club.  
Nov. 24 .. ExCom at Bill Anderson's. 7:30 P.M.  
Dec. 15 .. Annual Glühwein party at the Heitchues'.
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Roster changes: Nancy Laymon, 4201 S. 31st St. #710. Arl. Va. 22206. Tel: (703) 379-7323.  
Ward/Slack home telephone: (703) 754-8814. Jim Office (703) 648-5714  
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