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Potomac Valley Skiers, Inc.

WASHINGTON

MARYLAND

VIRGINIA

JANUARY 1996



PRESIDENT'S

MESSAGE

As the old year comes to a close and the new year begins, it is a good time for PVS'ers to reflect back on the great times and interesting activities we have had in our club through out the year. It is also an appropriate time for me to thank all the members who have contributed so much to the club to make it such a successful year; as your new president this year I have enjoyed all the tasks and the activities because of all your help.

Now getting back to the Main Event, this ski season has started out on a high note, as thirty plus members had an outstanding ski trip to Winter Park for the club's first major trip of the year. Many of the rest of us were testing out our ski legs at various mountain slopes around the country, and from all the chatter at the Christmas party, everyone was boasting of having the best conditions and most fun. From my adventures at Steamboat and Keystone, Summit County appeared to win hands down on the best and most snow in Colorado. Whatever the case, we have several more months of skiing and great trips to look forward to.

I want wish all members a Happy New Year and may all of you enjoy your skiing activity throughout the remainder of the season. See you on the slopes!

Serge



MONTHLY MEETING - January 16, 1996, 8 p.m.

Business and frivolity at the home of
Shirley Rettig, 604 Princess Street,
Alexandria, VA.

DIRECTIONS: From North: Exit Beltway at GW Parkway, continue past National Airport into Alexandria, where GW Parkway becomes Washington St. Turn left at Princess (8th traffic light). 604 is in the first block on the right. From South: Take Beltway Exit 1 North, Old Town. Follow US 1 North (Patrick St.) to Princess St., the third light after King Street. Turn right onto Princess, go 3½ blocks to 604 on right.

WARNING: DO NOT PARK on Princess as there is a strictly enforced 2-hour parking limit and the fine is \$35! Best bet is to park on Washington Street. (the main thoroughfare) and walk around the corner to Princess. Parking meters are inoperative evenings.

- COMING EVENTS -

HUMOR! Alexandria Playhouse
Wednesday, January 17, 8:30 p.m.

DRAMA!
"No Sex, Please. We're British." Featuring
FARCE! Margaret Lane whom PVS saw as Madame Chairperson
in the British Embassy Music Hall.

Event limited to 20. Tickets \$8. For reservations
call Betty Lawrence, 703-759-0471.

JANUARY MIDWEEK SKIING - Whitetail - Thursday Jan. 4th

Lift passes are \$30, government employees \$25, ski card holders \$23,
seniors 65-70 \$23, and 70+ free.

Interested skiers should call Charles Huggins (301) 424-5725 to car
pool to the slopes from the parking lot of the Fair Lanes Bowling
Alley on Shady Grove Road departing promptly at 7:30 for Whitetail.



JANUARY MIDWEEK SKIING - Liberty - Tuesday Jan. 9th

Lift passes are \$28, four hour flex time passes available for \$24,
and seniors 65 and over ski for \$14.

Interested skiers should call Charles Huggins (301) 424-5725 to car
pool to the slopes from the parking lot of the Fair Lanes Bowling
Alley on Shady Grove Road departing promptly at 7:30 for Liberty.

NOMINATING COMMITTEE REPORT:

The committee, chaired by Betty Lawrence and consisting of Lu Beale, Bob McNeil, Shirley Retting, Charles Boykin, and Bill Anderson, has nominated Serge Triau for a second term as president and the following people for two-year terms on the Executive Committee: Nancy McKinley, Nat Seeman, and George Hicho.

Election will be held at the annual business meeting in April. Additional nominations may be made by the signatures of any five active members in good standing presented at a business meeting at least one month prior to the April meeting.

WISP - JANUARY 17-19, 1996

Due date for signing up is past and the trip is full. If you would like to join PVS friends, you can make your own reservations by calling WISP directly (1-800-462-9477) and asking for hotel reservations. Tell the reservations agent that you are with Ski Chalet and rooms should be \$40 a night.

You also will need to purchase at any Ski Chalet the Demo Day voucher for \$2 to cover lift fees on Thursday. If you have any further questions, call Jan or Bob Marx at 703-451-9158.

SKI SNOWMASS

FEBRUARY 3-10, 1996

- * **LODGING AT THE STONEBRIDGE INN 50 YARDS TO SLOPES**
- * **COFFEE MAKERS, REFRIGERATORS IN ROOM, SAUNA, HOT TUB**
- * **5 OF 6 DAY LIFT TICKETS GOOD AT ALL 4 MOUNTAINS**
- * **ROUND TRIP AIR TO EAGLE COUNTY AIRPORT--NO DENVER**
- * **CONTINENTAL BREAKFAST DAILY AND ONE GROUP DINNER**
- * **ALL TRANSFERS, GRATUITIES AND GREAT SKIING**

ALL INCLUSIVE PRICE IS ONLY \$1279 (70+ \$1109)
FOR MORE INFORMATION CALL RAY OR NANCY MCKINLEY A 703 527-7126.
HURRY ONLY THREE SPACES LEFT



SKI THE MAGNIFICENT ROCKY MOUNTAINS OF UTAH!
February 17-24, 1996.

There is still space available on this trip. Particularly needed is a single man to share a double room. Call Dina Taylor at 301-663-6089.

FEBRUARY MIDWEEK SKIING - Blue Knob - Feb. 19-21st

Skiers interested in skiing Blue Knob for three days, Feb. 19-21, and staying at Betty Lawrence's Chalet for two nights should contact Betty Lawrence (703) 759-0471. The cost will be \$15 per person per night, and skiers should bring their own towels. The ski outing will be limited to the first 15 who contact Betty.

Monday (Holiday) skiing \$32, seniors \$22, Tuesday and Wednesday skiing \$22, seniors 65 to 70 \$17, seniors 70+ free, Mens Day Tuesday \$17, Ladies Day Wednesday \$17, and two day tickets (Tuesday & Wednesday) are \$35. Half day tickets (1 pm to 5 pm) are available on Monday for \$25, seniors \$15.

PAST EVENTS...

A PVS CHRISTMAS.....by Lu Beale

About 45 PVSers attended the December 17 Christmas party at the Heitchues' and, in an informal poll, unanimously declared it the best ever.

Eggnog replaced gluhwein as the speciality of the house, and white was the color of the wine (thus avoiding red wine disasters!). The tables in the living room were loaded with goodies as usual but this year, because of the smaller crowd, there was plenty of room to move about and converse and admire the grand tree glittering with tiny lights, while supping and snacking more or less non-stop.

Among the seldom-seen were John and Audrey Newdorp, visiting from Pennsylvania and accompanied by granddaughter Katie (John at 84 works out on a treadmill 20 minutes a day to keep ski-shape); Dot Mason, escaping cabin fever in her just-sold Bethesda home; Marilyn Donahue (of the Capitol Hill explosion fame) introducing her new husband--Jim Panagopoulos; Arlette de Long (nursing a sore shoulder); Tony Drago and Margaret Campbell.

Pres. Triaui was there without Liz who was home nursing bruises sustained at Steamboat Springs. (Serge won a Nastar Gold at Keystone--his first of the season and the second in his collection begun just a year ago.)

The president conducted a brief meeting with only a few interruptions from the cashew gallery. After that it was more socializing until it was finally time to say reluctant goodbyes with Merry Christmas to all.

Very special thanks to Jean and Reg for once again making it possible for PVS to celebrate this most joyous of seasons with good friends and good cheer in the warmest of settings.

WINTER PARK, COLORADO

On December 5 at 5:45^{AM} 21 bleary-eyed PVS skiers gathered at National Airport to embark on an adventure. Twelve others made their own way to Denver to meet the 21. In Denver as the 21 rode the airport train from Concourse A to Baggage Claim most of the 12 others (as well as the Triaus who were not going to Winter Park but to Steamboat) boarded the same train, same car. It was a happy coincidence but very noisy. Those traveling from afar were Charlie Gordon from Texas and Geoff Wadey from Massachusetts.

At noon 33 boarded the bus for Winter Park, a trip uneventful but for the sight of a herd of bison and a weird house that looked like a fat pancake tied to a pine tree. The Iron Horse Inn was almost ready for us, as was the hotel van which transported us to the Safeway in Fraser to supply our kitchens which were equipped with refrigerator, freezer, dishwasher, microwave, etc.

PAST EVENTS CONTINUED...

And we were there for the skiing - and it was wonderful! The first two days Nat Seeman, who knows the area well, kindly and expertly guided a group over the mountains, a comfortable introduction to new trails. Although the snow base was more than adequate, Mother Nature sent snowfall off and on for several days.

Although the NASTAR course beckoned, only one PVS skier made the effort: Charlie Gordon braved the run, but "bombed out." When he looked back up the hill his skis were up there - neatly parallel! Long-time PVS member and now weekend ski patroller, Dick Harsh, took Wayne Yessler skillfully over every bump on the mountains, and Wayne is still shaking his head.

Our genial leader George Hicho was apres-ski host in his suite where he and Sue Walsh provided beverages and delicious snacks. One evening as a special treat Paul Yessler, Jr., prepared devilled eggs nicely seasoned with packets of mayo and mustard pocketed at the mountainside "Snowasis" cafe. During another cocktail hour we enjoyed a concert by Marianne Cook, the most requested numbers being her own compositions, but old favorites were also popular. Sometimes we dined chez nous, but George provided two group dinners, the first at "Rome on the Range" where Irene and Jessma later returned for some strenuous line dancing. Sunday night, we enjoyed trout at Chalet Lucerne.

Too soon, it was time to depart, but our sorrow was somewhat assuaged when we were allowed on the aircraft ahead of the first-class passengers as the attendant announced "We will board the Washington Ski Team first!" We were let down later when told we might have to land at Dulles because of National's curfew'. Some people had cars parked at National and others were being met there, but 15 minutes before touchdown we got the good news that National was it.

Thanks, Sue and George, for your care, good humor and thoughtfulness. It was a well-planned and well-carried-out adventure.
.....Bette Walker



TOUR OF KREEGER MUSEUM - April 13, 1996.

This tour is now fully booked, but call Genee Boykin to be wait-listed (703-790-8277). All those signed up will be able to go to lunch at the Inn at Glen Echo. Information re price for lunch will be forthcoming. After that, confirmation and payment must be made to Genee not later than 15 March.



SAVE THIS DATE NOW - APRIL 27, 1996!!!

Spring Fling, sponsored by the Blue Ridge Ski Council is set for this date. PVS would like to have a good representation at this event which raises money for handicapped athletes. Charlie Huggins will coordinate. More details later.

COOK'S CORNER



by

Nancy Garrett

HAPPY NEW YEAR to all PVS&E'rs. Several good recipes have been in the wings waiting their turn front and center. A few are published now. In

February, there will be more to come. Your cook has resolved to be more diligent in 1996.

HOT VIRGINIA DIP

Janet Marx

Saute and reserve:

- 1 cup pecans
- 2 teaspoons butter/margarine

Mix together thoroughly:

- 16 oz. cream cheese, softened
- 4 Tablespoons milk
- 5 oz. dried beef, minced
- 1 teaspoon garlic salt
- 1 cup sour cream
- 4 teaspoons onion, minced

Place in 1-1/2 quart baking dish. Top with pecans. Chill until serving time. Bake at 350° for 20 minutes. Serve with hot crackers or small break sticks.

WILD RICE & ARTICHOKE HEART SALAD

Janet Marx

Cook and cool:

- 1 cup uncooked wild rice (3 cups cooked)

Drain:

- 2 (7-1/2 oz.) jars marinated artichoke hearts, packed in oil
- *** (Drain oil from one jar.)

Combine above with:

- 3 tomatoes, diced
- 1 (8 oz.) can sliced water chestnuts, drained
- 1 (4 oz.) can mushrooms, drained

Pour over mixture, stirring well:

- 1 cup bottled Italian dressing
- Marinate overnight in refrigerator. Drain before serving. Serve chilled.

WILD RICE TURKEY SALAD

Janet Marx

Cook and cool:

- 2/3 cup uncooked wild rice (2 cups uncooked)

In large bowl, mix well:

- 2/3 cup mayonnaise
- 1/3 cup milk
- 2 Tablespoons lemon juice
- 1/2 small onion, grated or minced

Stir in rice and the following:

- 3 cups cubed cooked turkey
- 1 (8 oz.) can sliced water chestnuts, drained

Refrigerate mixture.

Just before serving add the following:

- 1/2 lb. seedless green grapes, halved (about 2 cups)
- 1 cup cashew nuts
- Salt and pepper, to taste

Spoon onto platter lined with lettuce leaves. Garnish with:

- Lemon slices (optional)

TOFFEE SQUARES

Liz Triau

Cream until fluffy:

- 1 cup butter/margarine
- 1 cup packed brown sugar

Beat in:

- 1 egg yolk
- 1 teaspoon vanilla

Stir in:

- 2 cups flour

Spread thinly in 9 X 13 pan. Bake at 350° for 15-20 minutes.

Melt:

- 6 oz. semisweet chocolate. Spread on warm cookie surface.

Sprinkle with:

- 1 cup chopped nuts

Cut into squares when cool.

*** HAVE A WONDERFUL 1996!!! ***



THE KNEE - 7 -

by

Ray McKinley

A new year, a new dawn, a new chance to practice at our favorite addiction--sliding down a wintry slope on shimmering white crystalline flakes. 1996--joy, peace, renewal and especially from all of me to all of you Happy Knee Year.

Some of us skied well before the new year. Aside from the 30 plus on George Hicho and Sue Walsh's December Winter Park trip, others were elsewhere in Colorado. Jim Wingrove and the Heitchues were in Vail the same week. As of December 5, Dillon resident, Huey Roberts, had already skied 35 days!

Visiting and skiing with Huey by early December were a plethora of PVSers: Sally Finan, George Welti, Kirk Burns, Tom Aguilar, and Dick Comerford. Now you know five PVSers constitute a plethora.

From farther west, Norm Engelman and Charlie Huggins report non-bleak conditions at Alta, Utah--17 inches of fresh powder and everything is now open. From still farther west, Myron and Fumiko Marquardt spent this Thanksgiving with their grandtwins in Los Angeles and then drove north to Squaw Valley where "the sun is shining, it's 60, and the completely bare ground looks really nice!"

The Knee also did some early season skiing--in Big Sky, Montana. Big Sky's new Lone Peak Tram provides them with a 4180 foot vertical, the greatest in the United States, and some really hairy black diamond and double diamond skiing. Big Sky is no longer "merely an intermediate area." However, what was most impressive was the genuine friendliness of the people--waiters and waitresses who make eye contact and then actually smile at you. Initially a bit disconcerting, one does get used to it. PVS should go back there.

Back to Winter Park. When the ski schooler was providing introductory remarks about mountain conditions, he noted that "Mary Jane has the best bumps." Enuf said. Host George Hicho was constantly on the move. John Matthews provided him the nickname "The

Energizer Bunny" and the name stuck. The Knee's favorite nickname is, of course, "Nick," but that's another story. Anykneeway, The Energizer Bunny was glad the town's Mexican restaurant was on the main street since it provided "both food and gas."

If we had fewer than normal early December skiers, it was likely because over 800 PVSers were at Bill Anderson's November ExCom. It was Bill's 7th consecutive turkey repast. We all stayed and ate (and ate) despite his having an SCWDC (which you know stands for Some Club in Wilmington, Delaware C) magazine prominently displayed on his mantle.

Did you know that both Dot Mills and Marilyn Clark were class valedictorians and that Lu Beale was a salutatorian (and that the Knee was a ring bearer)? Or that Glade Flake first skied in Australia where he grew up?

The future of skiing may be at Tahoe's Northstar. They provide skiers with wrist chips that provide lift access, total vertical skied, and let them charge meals with a flick of the wrist.

Marty McNeill is contemplating suing hubby Bob for desertion as he is headed to Colorado for 3 months. He'll be a ski bum.

Condolences to our wounded PVSers. Arlette DeLong recently slipped at home and broke her clavicle. Pat Tenge bruised her foot before Thanksgiving and couldn't ski at Winter Park. Liz Tria slipped skiing in Colorado and injured her rib cage. And special condolences to Gorman Young on the loss of his wife, Caroline.

And some good news, Betty Lawrence finally closed the sale of her Bethaknee Beach house--to the church next door. Immediately after the closing, Betty drove to Blue Knob for its opening. Right on.

Dina and Charlie Taylor have a great video of our 30th Anniversary dinner. I particularly like the parts with me in them!

Marilyn Clark is singing with her church choir at the French Embassy. I wonder if she will say "la vie."

I asked about positive effects from Melatonin. Bob Harmon says it works. Not only does he sleep better, but he looks younger and is changing his name to Bobby.

CALENDAR:

- Jan. 4 Midweek skiing at Whitetail. Page 2.
- Jan. 9 Midweek skiing at Liberty. Page 2.
- Jan. 16 Monthly meeting at Shirley Rettig's. Page 1.
- Jan. 17 Alexandria Playhouse. Page 2.
- Jan. 17 till 19th - skiing at WISP. Page 3.
- Jan. 20 Post-Winter-Park party at George Hicho's.
- Jan. 23 ExCom at the Leonhardts'.
- Feb. 17 Pre-Steambeaver party at the MCKinleys'.
- Feb. 19 through 21st, skiing at Blue Knob. Page 3 .
- Feb. 20 Monthly meeting at the Waddicks'.
- Feb. 27 ExCom at Lu Beale's.
- Mar. 19 Monthly meeting at Yesslers'.
- Mar. 26 ExCom at Bette Walker's.
- Mar. 30 Spring dinner.
- Apr. 13 Tour of Kreeger Museum and lunch at the Inn
at Glen Echo.
- Apr. 27 Spring Fling sponsored by Blue Ridge Ski Council.

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