



VOLUME XXV111
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Potomac Valley Skiers, Inc.

WASHINGTON MARYLAND VIRGINIA

DECEMBER, 1993

President's Message:

All of a sudden it's here - on December 4th PVS's first ski trip of the year will be at Steamboat Springs. Let's hope the snow is awaiting us.

We are already making plans for the April elections when we will be voting for president and three new members to the Executive Committee. Bill Anderson has accepted the appointment to chair the nominating committee which will meet some time in the near future. Nominee suggestions from the membership are encouraged.

Meanwhile, the Christmas Glühwein Party at the Heitchues' awaits us on Tuesday, December 21st. It is not to be missed as this is the event which brings out so many members.

P.S. Don't forget the \$2 entry donation!)

MERRY CHRISTMAS TO ALL! *Mary Jane*

Mary Jane McCarthy, President

MONTHLY MEETING

TUESDAY, DECEMBER 21, 1993. 8 P.M.

GLÜHWEIN SPECIAL!! ANNUAL CHRISTMAS PARTY!!

TRADITIONAL HOLIDAY SEASON -OPENER FOR PVSers

Hosted by Jean and Reg Heitchue. 2146 Owls Cove Lane. Reston.
Telephone: 703- 860- 9190

What better way to celebrate Christmas? Contributions of your favorite goodies welcomed. If weather is bad and driveway slippery, Reg suggests you use path with stairs on the left side of property, then right at lighted path to front door.

Ladies, please refrain from wearing spike heels which damage the wooden floors! DIRECTIONS:

Take #495 to Tysons Corner where take Rte 7 to Reston. Make left turn onto Rte 606 - Baron Cameron. (Before the turn there's a large Reston sign on the right side of the highway.) Take a left turn at the second light onto Whiele Avenue.* Continuë to deadend and turn left onto Sunrise Valley Dr. At top of hill turn right at 1st traffic light onto South Lakes Dr. Go past shopping center on right and turn at first left onto Ridge Heights Rd. Take first right onto Owl's Cove Lane, go to end and park in cul-de-sac. 2146 is at the bottom of steep driveway.

* A faster way is by the Dulles Toll Road at \$1.50 round trip. For this route, take Beltway #495 to Virginia Exit 12 Dulles Toll Road, Rte 267. Pass through the toll booths, 50¢. Exit at #4, Whiele Ave, pay 25¢ toll. Turn left onto Whiele Avenue and proceed as directed above.



-----COMING EVENTS-----

DINING OUT GROUP



Join us for dinner on Tuesday, December 14, 1993. Meeting and greeting at 6:30, Dinner at 7:00. This month we will meet at NORMANDIE FARM, 10710 Falls Road, Potomac, MD. NORMANDIE FARM is always beautifully decorated during the holiday period.

Suggested directions: From Maryland - From the Beltway (Rt. 495) go North on Route 270 to Exit # 5 (Falls Road - Potomac). Go South on Falls Road (Rt. 189) to Potomac past 7 traffic lights (4.0 miles). NORMANDIE FARM is on the right at the sharp bend in the road.

From Virginia - Take the River Road exit from the Beltway (Exit 39), go North (Potomac direction) 3.2 miles on River Road (Rt. 190) to fourth traffic light at Falls Road (Rt. 189), turn right on Falls Road, go 1.0 mile, NORMANDIE FARM is on the left.

So that we may know how many to expect: Please call Pat Tengel or John Smith (301-299-8376) by Sunday December 12.

DECEMBER MIDWEEK SKIING - Whitetail-Monday Dec. 20th

Monday is men's day, and lift passes are \$23. Lift passes for ages 65-69 are also \$23, and those over seventy ski free. Your ski America card will get you a lift pass for \$20. Regular lift passes are \$27.

Interested skiers should call Charles Huggins (301) 424-5725 as we will car pool to the slopes from the parking lot of the Fairlanes Bowling Alley on Shady Grove Road departing promptly at 7:30 A.M. for Whitetail.

CHRISTMAS LITERACY TEST (Author unknown) Submitted by Janet Waln

NAME THE REAL CHRISTMAS CAROL OR SONG:

- 1 Move hitherward to the entire assembly of those who are loyal in their belief.
- 2 Listen, the celestial messengers produce harmonious sounds.
- 3 Nocturnal time span of unbroken quietness.
- 4 An emotion excited by the acquisition of expectation of good given to the terrestrial sphere.
- 5 Embellish the interior passageways.
- 6 Exalted heavenly beings to whom we harkened.
- 7 Twelve o'clock on a clement night witnessed its arrival.
- 8 The Christmas preceding all others.
- 9 Small municipality in Judea southeast of Jerusalem.
- 10 Diminutive masculine master of skin-covered percussionistic cylinders.
- 11 Omnipotent supreme being who elicits respite to ecstatic distinguished males.
- 12 Tranquillity upon the terrestrial sphere.
- 13 Obese personification fabricated of compressed mounds of minute crystals.
- 14 Expectation of arrival to populated area by mythical, masculine perennial gift-giver.
- 15 Natal celebration devoid of color.
- 16 In awe of the nocturnal time span characterized by religiousness.
- 17 Geographic state of fantasy during the season of mother nature's dormancy.
- 18 The first person nominative plural of a triumvirate of far eastern heads of state.
- 19 Tintinnabulation of oscillating pendulous inverted, metallic, resonant cups.
- 20 Allow a collection of atmospherically distributed crystals of water vapor to descend.

THE KNEE

by

Ray McKinley



The Knee is never one to be smug. (Well, rarely.) However, I have already skied in Colorado at Copper Mt., Breckenridge, and Keystone the week before Thanksgiving. Not all trails were open, but it was well worth the effort. So if you'll pardon me--Nah-Nah, Nah-Nah-Nah.

I surely thought I'd be PVS's first skier. But no, Dick Comerford had to try his new skis at Copper and Loveland a week earlier. And the same weekend, Bob McNeill skied at Okemo, Vermont. Cancel two of the Nah's--but only two.

A final note on early skiers. Huey Roberts now lives in Dillon, CO and lists his occupation as "ski bum." As of December first, he had already skied (and I know you won't believe this) 843 days this season!

From the Knee's Local-Kids-Make-Good Department: TOOT Editor, Lu Beale, had last year's top NASTAR time for DC women 70 or older and won the national Budweiser Challenge. Dean Worcester won the equivalent men's competition for Maryland. And, unlike Dina Taylor's NASTAR medal last year, neither even visited Altoona! Right on. They'll have more competition next year; the Knee will claim age discrimination and race with the 70 year olds.

Nancy is the most frequently occurring name in PVS. (In the under-20 set, it's Tiffany--or is it Baccarat?) PVS has six Nancys. Two of ours have a bit more in common. Nancy Sexton and new applicant Nancy Ewing both have daughters in their mid-twenties named Rebecca. Both daughters have arcane college degrees and are unfulfilled working in retail management.

Karen Felker used her new PVS pin along with Knox's and now has PVS earrings. They look great.

Peggy Burns is feeling fine

after abdominal surgery and expects to ski at Mt. Sutton soon.

Most PVSers, in addition to being skiers, are travelers as well. Shirley Rettig is now in Hawaii exploring. And Charlie Farwell is hiking this month in one of my favorite countries, Kneepal. He says his 3 week trip is cheaper than a week in Ocean City. A pack horse and a guide each cost \$1 a day and a decent hotel room, including three meals, is \$3. Charlie may lead a trip next December. Count me in!

At the gourmet treat November meeting at the Marquardt's, Brian Eardley again displayed the year's new equipment. After seeing the 6-inch wide powder skis, Janet Waln wondered if she could merely put bindings on her equally wide water skis. No, Janet, if you slipped and the ski brakes released, it would put too much drag on the ski boat.

Later, Brian described ski boots with shock absorbers and similarly equipped skis. Don Harper opined, "With such a soft ride, soon people will have to tell you if you're having fun." Right on.

Back from an Elderhostel tour in England were Bob Harmon and Club Secretary Irene Farrell.

Bob and Irene are often seen together at PVS events. Ditto for Nat Seeman and our Pres. Mary Jane McCarthy. The Knee asked Nat if they could be considered as a couple. Most certainly not, responded Nat indignantly. I hardly know Irene Farrell. By the way, there is scant truth to the rumor that Mary Jane calls Nat "Snookums."

The Kneedle of the Month goes to Dick Comerford who showed up a bit early for the November meeting. Indeed, Dick was a week early! Seems Rosy Soler talked to him about the earlier date, but Rosy immediately realized her error. Dick didn't. (Note: I most sincerely hope this hard-hitting expose will teach Mr. Comerford not to ski before the Knee next year!)

PAST EVENTS

NOVEMBER MEETING by Lu Beale

They came from Manassas. They came from Frederick. They came from Leesburg. They came from Annandale, Potomac, Reston, D.C., Chevy Chase and around-the-corner Silver Spring. They came, 60 strong, for the November meeting hosted by Fumiko and Myron Marquardt in their comfortable Silver Spring home - scene of many a previous good-time meeting.

Guests, long familiar with Fumiko's astonishing culinary creations, wasted no time before attacking tables laden with chicken crunch, fried zucchini, Tex/Mex, Sushi, ham balls, cheeses, sliced beef, crabmeat dip, and other delectables. When the evening was over there was not a dish to be washed nor a bone for poor Myron to pick. All were bare. Meanwhile, to make the scene even merrier, if that were possible, the host dispensed a steady flow of potables from the family room bar.

Highlight of the evening was the annual presentation of the latest in ski equipment by the Ski Center's easy-going and knowledgeable guru Brian Eardley. Brian's offerings included "Big-Foot", a good-for-training- \$149 3-ft. ski; extra flexible light weight poles with both ice and powder baskets; "walking around" boots easily adjusted for walking or skiing; lifted bindings with raised plates to facilitate edging, and "cap" or rounded skis (instead of the usual rectangular shape).

For a finale, Brian offered the Fat Ski, an extra broad ski for use in deep powder or in crud (not groomed slopes) which Brian called the "greatest ski ever invented" and "the first ski I ever tried that made me a better skier instantly." \$650 will get you this marvel, bindings included.

After a lively discussion period, the evening ended with coffee and four desserts- apple pie, cherry cobbler, a pear pastry, and cheesecake - all specialities of the Marquardt kitchen and all certifiably addictive.

Thank you, Fumiko and Myron for your outstanding hospitality and an outstanding evening for all.

Burrrrrp '93 by Bob Marx

Remember those great, warm, sunny days we had mid-November? So do the intrepid score and one half who ventured on the oft rewarding Chili Hike of '93! The day started out much the way of several before (and several afterward) -- bright, sunny and mild. About 11:00 a.m., the clouds began moving in; the balmy warmth vanished from the air. About 1:25, 5 minutes before hike time, it started to sprinkle. Then it drizzled. By the end of the hike, it was simply raining. Nevertheless, true to PVS tradition, the disposition of the hikers was sunny and upbeat, the trail was all downhill with a breeze gently at our backs, and the walk stretched a few muscles that we all hope to use more vigorously during the next few months.

As for the non-hike aspects of the event (the real reason a true PVSer shows up for these dreary things) the hors d'oeuvres were great, the salads were ... salads, and the desserts were sumptuous, sinful, decadent and just the way PVSers like them. **And**, the chili was the best it has ever been! (See title of article.) Ray attributes this to a "new" chili pot acquired at an estate sale (for the uninitiated, an estate sale is an upscale garage sale at which the wealthy "pass their trash") and to the new "diffusers" (metal plates full of small holes) that fit over the burners on their gas stove to spread the heat more evenly. These funny looking plates did well for cooking the chili, but not for eating it; the darned stuff kept oozing through onto this reporter's lap, and it was **hot**, but not as hot as if it were not diffused. Many thanks to Nancy and Ray for "just another boring PVS event."

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PAST EVENT

DINNER AT THE ARTS CLUB by Myron Marquardt

The third annual Autumn Dinner was held on Friday November 5 as scheduled. It may have been a rather dreary day, but by the time all were due at the Arts Club, it was a beautiful fall evening. Guests began arriving promptly at the appointed hour of 7:00 P. M. This was to be expected as everyone was well aware that there would be plenty of food and drink. As we approached the front door, a doorknocker opened the door for us and bid us welcome to the Arts Club. You don't see that at a ski resort cafeteria.

As we walked past the dining room on our way upstairs, we got a glimpse of the white tablecloths on the tables. We knew something great awaited us for dinner. But first we proceeded upstairs for cocktails and hors d'oeuvres. There was a good selection of each. This writer found the smoked salmon on crackers to be quite delectable. There probably is an exact name for them.

In accordance with the dress rules established in the TOOT, there was no beach, crab feast or ski attire visible. It sure was a lot easier to tell the men from the women than it is on a ski slope where everyone is bundled up so you can hardly tell who is who. The variety of dresses on the women was a very pleasing sight, especially for the men. It appeared as though no two were alike. The same couldn't be said for the men. Almost all the men had on tuxedos. Some tuxedos looked quite similar. There may have even been some that were seen last year.

After about an hour of drinking and eating, it was time to head downstairs for dinner. Six tables were set up in two adjacent rooms. Each of the 53 diners was offered a choice of red or white wine or a glass of each. There were some of us who had refills. A delicious soup was then served, after which we had a great entre of chicken breast Milanese. That was followed by an apple crisp for dessert. Our president, Mary Jane, offered thanks to Bill and Ham for arranging such a great dinner.

After finishing our dinner, back upstairs again for a great variety of cordials and coffee. More conversation and listening to Bill at the piano.

All great events must finally come to an end. All guests returned to their transportation with memories of a great evening.

Bill and Ham, all of us appreciate.
Back next year, when again we congregate.

Thank you, Ham and Bill, for a great evening.



IN MEMORIAM

JOSIE - 1983-1993

She never passed the ski test but she was a PVSer through and through. She led us up Old Rag, White Oak Canyon, Little Devil Stairs. She went to all the PVS events she could scrouge an invitation to - the Flakes' Boat Picnic; the Oktoberfest; the Clark Fun Run; the Wingrove Crabfest; the Hadler Beach Party. And many more. She frequently attended ExCom meetings where she couldn't vote but kept the floor around the dining table swept clean.

She was brave, faithful, loving. She was a friend to all and my constant companion for ten years.

She was increasingly crippled by arthritis and on the day before Thanksgiving she suffered a ruptured disk and became a quadriplegic. She was put down on November 27 and her ashes scattered in the woods she loved.

Happy trails, old girl.

L.B.

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COOK'S CORNER



by

Nancy Garrett

HAPPY HOLIDAYS, EVERYONE!!
Have a fun time baking and eating during this season. The column presents a few recipes to try for your family and friends during the holidays.

From Oktoberfest:

CHEESE BEVERAGE BITES

Janet Wain

Combine in large bowl:

- 1 cup margarine, softened to room temp
- 2 cups sifted flour
- 3 oz. grated sharp cheddar cheese
- 1/2 teaspoon cayenne pepper
- 1/2 teaspoon salt
- 2 cups Rice Krispy cereal

Shape into large ball. Pinch off pieces of dough and shape into small balls (about 3/4-inch diameter). Place on baking sheet. Bake at 350° for about 15 minutes or until lightly browned. Allow to cool 5 minutes before removing with spatula.

TOASTED SUGAR NUTS

Nancy Garrett

Combine:

- 1 slightly beaten egg white
- 1 teaspoon water

Add to above mixture, tossing to coat:

- 1 2/3 cups dry roasted peanuts
- 1/2 cup unblanched whole almonds
- 1/2 cup walnut halves
- 1/2 cup pecan halves

Combine and add to nuts until all are well coated with mixture:

- 3/4 cup sugar
- 1 Tablespoon pumpkin pie spice
- 3/4 teaspoon salt

Place nuts in single layer on lightly greased baking sheet. Bake at 300° for 20-25 minutes. Remove and cool on waxed paper. Break up large clusters. Makes approximately 4 1/2 cups.

From October EXCOM:

PUMPKIN CHEESECAKE

Marilyn Clark

Heat oven to 350°.

Cut butter into dry ingredients until mixture resembles fine crumbs:

- 1/4 cup margarine or butter
- 1 1/2 cups Bisquick baking mix
- 2 Tablespoons sugar

Pat into bottom of ungreased 9 X 9 X 2 inch pan or 8 X 11 inch pan. Bake for 10 minutes.

Beat until creamy:

- 1 package (8 oz.) cream cheese, softened
- 3/4 cup sugar
- 2 Tablespoons flour

Add and beat until smooth:

- 1 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon ground ginger
- 1/4 teaspoon vanilla
- 3 eggs
- 1 can (16 oz.) pumpkin

Pour over crust. Bake until knife inserted in center comes out clean, about 55 minutes.

Beat well until smooth:

- 1 1/2 cups dairy sour cream
- 2 Tablespoons sugar
- 1/2 teaspoon vanilla

Immediately spread onto hot cheesecake. Refrigerate at least 4 hours. Refrigerate any remaining dessert. Makes 12 dessert servings or 25 cookie size bars.

* * * * *



!! SKI TRIPS !!

SKI-O-REE - Canaan valley. January 21 - 23,1994. Annual BRSC Blast.

SKI-O-REE will be closed December 8th. If you intend to go and have not sent a check, please call Karen Felker at (703) 931-6843, and send check with release as printed in the November TOOT. Canaan Valley is pushing to get unsold rooms released, as others want them. REMEMBER SKI-O-REE DATES ARE JANUARY 21 - 23,1994

Winter Park, CO. Jan 13 - 23,1994. Leader Dina Taylor (1-301-663-6089)

Banff. February 5 - 12,1994. Contact Jack for bus transfer schedules between Calgary and Banff and Chateau LL. Vouchers will be mailed. (301-881-6220)

SUN VALLEY, ID. March 1 - 10,1994. Remember all payments due by Dec. 15. Call leader Nancy Laymon (703-379-7323) now and don't miss out!

ALSO AVAILABLE TO PVSers, THE FOLLOWING BRSC-sanctioned trips:

1. Breckenridge, CO. Dec 26 - Jan 2. Columbia Ski Club. Leader Diana Balley (410-730-3857). \$1,165. Lift tickets, lodging, transportation. No meals. Dbl Occup.

2. Telluride, CO. Jan 29 - Feb 5, 1994. Columbia Ski Club. Leader Mark Smalley. (301-596-2627) \$925 includes lifts, trans. lodging. No meals. Dbl. Occup.

3. Alta/Snowbird. Jan 13 - 17, 1994. Columbia Ski Club. Leader Pat Brookhart. (410-461-1534). \$699. 4 nites lodging, trans. Dbl. Occup.

4. Sugarbush, Vt. Mar 5 - 12, 1994. Fredericksburg, Va. Ski Club. Leader Mike Redding (h) 703-899-3688. (w) 703-663-4353. \$430. 5 nights, lifts, trans. Dbl. Occup.

ANSWERS TO CHRISTMAS CAROL QUIZ ON PAGE 2

- 1 O Come All Ye Faithful
- 2 Hark, the Herald Angels Sing
- 3 Silent Night
- 4 Joy to the World
- 5 Deck the Halls
- 6 Angels We Have Heard on High
- 7 It Came Upon a Midnight Clear
- 8 The First Noel
- 9 O Little Town of Bethlehem
- 10 Little Drummer Boy
- 11 God Rest Ye Merry Gendemen
- 12 Peace on Earth
- 13 Frosty the Snowman
- 14 Santa Clause is Coming to Town
- 15 White Christmas
- 16 O Holy Night
- 17 Winter Wonderland
- 18 We Three Kings of Orient Are
- 19 Jingle Belle
- 20 Let It Snow!

POET'S CORNER

Contributions welcomed!!
(Send to TOOT Editor Lu Beale)
This month's offering is from Myron Marquardt and is titled WINTER IS COMING

Winter soon will be here
No more robins we hear.
No more grass to be mowed,
But more seed we must sow.
The trees are now asleep
Soon the snow will be deep.
The days are getting short
We check the ski report.
To Liberty goes Ray
He stays for just a day.
He must be home at night
A column he must write.
To Blue Knob, Betty goes
She likes to ski with pros.
Seven Springs will be nice
If it snows and no ice.
To go skiing is great
PVS is first rate.



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CALENDAR

- Dec. 14 ... DOGS. See page 2.
 - Dec. 20 ... Weekday Ski at Whitetail. See page 2.
 - Dec. 21 ... Christmas Glühwein Party at the Heitchues'. See page 1.
 - Dec. 28 ... ExCom at the Felkers'. 7:30 P.M.
 - Jan. 11 ... DOGS.
 - Jan. 18 ... Monthly Meeting at Susanne Boisclair's.
 - Jan. 25 ... ExCom at Bette Walker's.
 - Feb. 15 ... Monthly Meeting at Joy McKinight's.
 - Feb. 22 ... ExCom at Lu Beale's.
 - Mar. 15 ... Monthly Meeting at the McNeills'.
 - Mar. 19 ... Winetasting at the Copes'.
 - Mar. 26 ... Spring Dinner in Bette Walker's party room at the Colonnade.
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The Perfect Gift...

PVS HEADBANDS

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