

VOLUME XXIV  
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*Potomac Valley Skiers, Inc.* MAY, 1989  
WASHINGTON MARYLAND VIRGINIA

PRESIDENT'S MESSAGE:

Thank you for the honor of being elected President of PVS, the truly unique ski club for the Washington D.C. area. For the coming year, I will actively solicit member participation in order to maintain our high level of standards.

As my first official duty, I would like to express sincere appreciation on behalf of the Club, for the work done by Ex-President Jan Marx and the outgoing Executive Committee members. We had great last two years. Thank you!

Dick Comerford, President

P.S. Only 7 months left to the beginning of ski season. Plan early.

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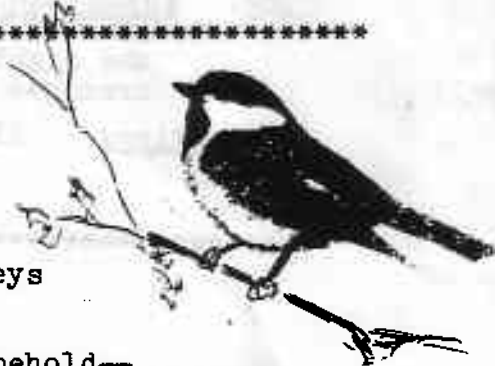
MONTHLY MEETING

Tuesday, May 16. 8:00 P.M.

Where: Home of Jean and Howard Hensley  
3745 N. Woodrow St. Arlington.  
Telephone: 536-9749



For the second year, the Hensleys are graciously opening their lovely Virginia home to PVS. Jean's gardens are a sight to behold - even in the rain - and provide and incomparable setting for our spring meeting.



DIRECTIONS to Hensley home in Arlington, Virginia:

Take George Washington Pkwy exit and follow towards Washington to exit on Rt 123 NORTH. Follow 123 north to end at Chain Bridge where take a right on Glebe Road. Follow Glebe Rd to a left on 36th Street (about one mile from Chain Bridge). Go 2 1/2 blocks and take a left on Dittmar. Take an immediate left on 37th Street and an immediate right on Woodrow Street. Go to house at end of cul de sac - 3745 N. Woodrow - the Hensley abode.

From Route 166: Take North Glebe Rd exit and follow about three miles to a right on 36th Street. From there on, follow above directions.

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# Coming Events

## HIKE IN SHENADOAH NATIONAL PARK

Date: Saturday, May 13th. (Rain Date: Sunday, May 14th)

What: 5-7 mile hike in White Oak/Cedar Run Canyons, two of the most spectacular ravines in the park with waterfalls and cascades in abundance. Strenuous but worth it.

Hikers have several options:

1. Strong hikers in good condition may elect to go up Cedar Run and return by White Oak, lunching along the way.

2. Strong but less ambitious hikers may elect to go up White Oak Canyon, lunch at the top of the highest falls, and return to the cars by the same route.

3. Those who want a leisurely climb may elect to go up White Oak Canyon as far as mood dictates and settle down by a tree-shaded pool with book and lunch and a friend with similar plans to await the return of those who have gone to top.

Please inform leader Lu Beale (363-3521) of your plans before the hike begins. Although all participants should arrive back at the cars at more or less the same time, if your hiking plans differ from those of your spouse, be sure to carry separate lunches in separate containers.

Wear: Sturdy shoes, and bring lots of gorp, water and lunch. (And perhaps liquid refreshments left on ice in your car for relief at trail's end.)

Time: **8:00 A.M.** Meet at the Cooper School just inside the Beltway at Exit 13, Rte 193, Georgetown Pike. The school is on the right of #193 on Balls Hill Rd. Carpooling will be arranged here.

Reservations: Please call Lu by Thursday May 11th so carpooling and trail head parking can be arranged.

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## **Special Event**

INTERNATIONAL DINNER AT THE COPE - June 3rd.

Wait Listed. Call Coordinator Marilyn Clark (978-9435) for menu instructions.

DIRECTIONS: Take the George Washington Parkway past the sailing marina to the first right turn which is marked Slaters Lane, to the parallel service road. At the first signal, make a right turn onto Slaters Lane. Follow Slaters Lane through a angled left past the warehouses and make the first right turn. Go over the railroad bridge and turn left onto Monroe Ave. (The Monroe Ave bridge is Rt. 1). Go through 2 signals and the Cope home is the big, white house on the right before the 3rd signal.

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# Also Coming

## WINE/CHEESE AND THEATER PARTY AT MONTGOMERY PLAYHOUSE, GAITHERSBURG, MD.

Date: Sunday, May 21st.

Time: 6 P.M. - wine and cheese  
7:30 p.m. - curtain

What: THE GOOD DOCTOR by Neil Simon

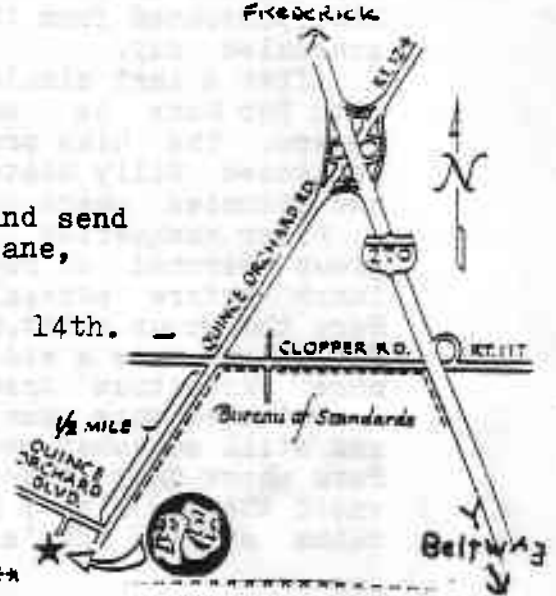
Cost: \$9 per person

Please make check payable to Sara Huggins and send with reservation to Sara at 9916 Betteker Lane, Bethesda, Md. 20854. Telephone: 424-5725

NO REFUNDS FOR CANCELLATION AFTER MAY 14th.

Directions to Playhouse: Drive north on Rte 270 to Exit 10 onto Rte 117 West (Clopper Road) to left on Rte 124 West (Quince Orchard Rd). Go about 1/2 mile to right on Quince Orchard Blvd. The Playhouse is the first left turn off the boulevard.

\*\*\* left turn off the boulevard. \*\*\*\*\*



## SAIL AND SWIM AT HADLER'S COTTAGE ON THE BAY

Saturday, June 10th. Rain date: Sunday, June 11th.

This event is, as usual, limited to 40 people. The format of bring your own lunch and come as early as 10 A.M., if you wish, will prevail.

Each participant will bring a salad or dessert to share at the cookout beginning at 4:30 P.M. Hamburgers and hot dogs with all the fixings, beverages and munchies will be provided at the cost of approximately \$4.00 per person with a special rate for children under twelve. Call coordinator Gail Pease for guidance on salad or dessert contributions.

Reserve your place NOW by calling Gail at

H: 620-4573 O: 248-6624

If weather is "iffy" on Saturday morning call Jan Marx (451-9158) for a decision on Go or No Go.

### DIRECTIONS TO THE HADLER COTTAGE:

Go east from Annapolis on Rte 50 over the Bay Bridge. At first overpass after the bridge bear right to go south on Rte 8 on Kent Island. The Matapeake Recreation Ground entrance is 3 miles south of Rte 50 (a public boat landing if you wish to launch your own boat). At the Kentmorr Airpark entrance, 5 miles south of Rte 50, turn right (back towards the bay). Take that road to Hadler's cottage. It's the only road - you can't go wrong. It's the blue (4th) cottage after the 90° turn.

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PAST EVENTS

BILLY GOATS ON PARADE

On Sunday, April 16th, eighteen PVSers met at Old Angler's parking lot in Potomac, Maryland, for the annual Billy Goat trail hike, postponed from the day before because of heavy rain on the scheduled day.

After a last minute pep talk by leader Lu Beale the group set out with Bob Marx as point man and Jan Marx and Gail Pease as sweeps. The hike proceeded apace, all participants being experienced Billy Goaters and old hands at negotiating the cliffs and crannies where only 4-legged billy goats are wont to roam.

After conquering the trail's most formidable challenges, the group perched on rocks above the river to enjoy a well-earned picnic lunch before straggling on to the tow path and trail's end. Here the group split. Half elected to return straightway to the cars. The others made a side trip to Great Falls before taking a longer, more circuitous trek via the Gold Mine trail back to the cars.

But even this wasn't enough for these hardy ones. Being thirsty and still somewhat energetic, they caravanned 6 miles to Glen Echo Park where they sated parched throats at a local tavern and finally ended the day with a stroll down memory lane - exploring the crumbling ruins of Glen Echo's better days.

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ANNUAL MEETING

On Tuesday April 18th, for the 24th time, the membership of PVS convened for its annual meeting. This time the setting was at Adele Waggaman's spacious home in Bethesda where more than 60 guests circulated in the living room, porch and, especially, the dining room around a table laden with an assortment of goodies.

After an hour of socializing, President Jan Marx called the meeting to order and necessary business matters were addressed. Program Chairman Ray McKinley recited a list of upcoming PVS events notable for the extraordinary variety of offerings. Treasurer Margaret Wyckoff reported on the state of the treasury which, hovering around \$2,000, remains more or less stable.

Membership Chairperson Marilyn Clark presented three applicants for club membership - Maryse Delevaux, John Smith and Pat Tengel. All were accepted without opposition. Pres Jan presented the

nominees for club president ( Dick Comerford) and excom (Bill Anderson, Myra Evans, and Dina Taylor), all of whom were elected.

Finally, the proposed changes in the club bylaws concerning membership requirements and biennial payment of dues, were outlined and, after some discussion, agreed upon.

The meeting ended with Presidential Awards to Ray McKinley and Lu Beale for their years of service to the club. The awards, conceived and crafted by the president herself, were hand painted sweat shirts depicting the ski club careers of the surprised and delighted recipients.

Closing the meeting, new excomer Bill Anderson presented the president with a certificate for meritorious service to the club during her tenure. A movie (Colorado, USA ) followed and then it was time to go.

Many thanks to Adele for her hospitality and to Jan for a job well done.

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ON FEBRUARY 19th 1989, 17 SKIERS INCLUDING FVSers CHARLES HUGGINS, JOHN SMITH, PAT TENGEL AND LEADER JACK PEOPLES, ARRIVED AT THE BANFF SPRINGS HOTEL FOR A WEEK OF CANADIAN SKIING. FOLLOWING IS A REPORT BY CHARLES HUGGINS OF THEIR ADVENTURES:

Once in the hotel, our leader managed to trade his room for a colossal one on the sixth floor. With the help of his old buddy, Charles Huggins, they quickly located the liquor store in town and stocked the refrigerator in Jack's room with beer and wine. Jack's place then served as happy hour before supper for all the skiers on their return from the ski areas. It was amazing — the ski stories which took place during happy hour, and that the skiers had all survived to tell.

The skiers skied Nakiska, Lake Louise, and Sunshine Village. The snow at Nakiska was hard packed and very disappointing that the management did not use their snow-making equipment to make some powder. The trails were very wide and would have been excellent for fast cruising if they had had some powder on them. The facilities at Nakiska were all new and certainly well planned for skiers. Lake Louise made snow every day on trails which had heavy use. This is Canada's largest ski area. The summit of the highest peak was reached by a J bar and this proved very exciting from the top. Most of the trails dropped off to the other side of the mountain and all were extremely steep. The top was usually under cloud cover much of the day. Sunshine Village was the favorite ski area of all the skiers. The main ski area was reached after a twelve minute gondola ride up the mountain. At the top of the gondola, several chair lifts fan shaped out to the tops of the mountains. The snow was light fluffy powder, and mother nature even helped with several inches of fresh powder. Even the moguls were the soft variety, and everybody had a great time skiing them.

Our leader pulled off another surprise as he managed to rent a bus and get all the skiers a tour of Chateau Lake Louise after skiing on Thursday. The tour through the hotel was simply great. Some of the skiers even managed a short sleigh ride around Lake Louise, and others walked on the ice and viewed the ice castle in front of the hotel. A great deal of expansion is going on at Chateau Lake Louise, and this hotel will be nearly as large as the Banff Springs when the expansion is finished.

When a couple of young Japanese girls showed up at the wine and cheese party at the Banff Springs hotel, we discovered another thing about our leader. The girls spoke no English and most of the skiers tried to communicate with them. Jack spoke to them in Japanese, and we were surprised to learn that he had served in the occupational army in Japan and had remembered some of his Japanese.

The skiing was simply great, the cold Alaskan air had disappeared, the food was excellent, the scenery was magnificent, and Jack had again run a super trip doing some things that only he can accomplish on a ski trip.

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# SKI TRIP

MONT SUTTON, CANADA. JANUARY 14 - 21, 1990.

Maximum of 55. After that, wait listed.  
To reserve a place send \$20 to Jack Peoples,  
8907 Edgewood Drive, Gaithersburg, Md 20877

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# COOK'S CORNER



by

Nancy Garrett

What could be brighter than a day in May - particularly one that will have the horses running, the boats steaming, the bicycles spinning and balloons floating. **DERBY DAY** combines all the above with fine Southern eating. Parties usually begin with that old Southern favorite -

## MINT JULEPS

(From the kitchen of Janet Marx)

Cook slowly until all sugar dissolves:

- 2-3 cups water
- 2 cups White Karo syrup
- 2 cups sugar

Boil for five minutes. Cool.

Fill large jar with fresh mint. Pour cooled syrup over mint. Refrigerate for 24 hours.

Fill small glass with crushed ice. Add:

- 2 oz. good Virginia bourbon
- 2-3 Tablespoons mint syrup
- Water - not too much, ice will dilute

## OVEN-BARBECUED BRISKET

(From the kitchen of Nancy Garrett)

To both sides of 5-6 lb. brisket, pour:

- 3 oz. liquid smoke, half per side

Generously sprinkle over both sides:

- Celery Salt
- Onion Salt
- Garlic Salt
- Worcestershire sauce

Place beef in baking dish. Cover tightly with foil. Refrigerate 24-36 hours.

Bake covered in slow oven 225\* for 5 hours. Remove foil. Remove fatty layer from brisket. Cover top with 6 oz. commercial barbecue sauce. Bake 1 hour. Remove to plate to cool. When cool, slice thinly across diagonal of brisket.

Place baking dish in freezer for 1 hour. Remove hardened fat.

While stirring constantly add:

- 2 Tablespoons flour
- 1/2 cup water
- 2-3 oz. barbecue sauce

Serve with sliced brisket.

## PINTO BEANS (TEXAS REDS)

(From the kitchen of Ken Evans)

-2 lbs. pinto beans

Sort through beans to remove rocks which may have become mixed during packaging. Soak beans overnight in water. Drain. Place beans in large pot; cover with water; boil with 2 heaping Tablespoons baking soda. Continually skim foam from beans as they boil. Rinse beans thoroughly in cold water. Reboil and skim foam again. Rinse again in cold water and put in a crock pot. Add water to bring level 1/2 inch above beans.

Add:

- 4 strips raw bacon, cut in hunks
- 2 heaping Tablespoons garlic powder
- 1 Tablespoon salt
- 1 Tablespoon black pepper

Cook on low for 8 hours or more. During last hour, remove lid and turn to high to thicken juice. Taste during last phase of cooking and season to taste. Can be kept in refrigerator for 10 days or frozen indefinitely. (Ken uses these in chili.)

## DERBY PIE

(From the kitchen of Janet Marx)

Mix together:

- 1 cup sugar
- 1/2 cup flour
- 2 eggs, beaten
- 1 stick butter, melted and cooled

Add:

- 1 cup English walnuts
- 1 cup chocolate chips
- 1 teaspoon vanilla

Pour into 9" unbaked pie shell. Bake at 350\* for 30 minutes. Test with toothpick. Should be chewy, but not runny.

Serve warm.



## THE KNEE

by

Ray McKinley

The lusty month of May is upon us and, in celebration, I may have some interesting items.

Good news: Jury Verdict Research, Inc. reports that skiers made up only 23 % of injury related lawsuits in the past 3 years- the lowest of any sport (runners made up 88%, golfers 69%). This is primarily due to the injury wavers that accompany most lift tickets.

More good news: National Public Radio recently reported that, for the first time, Colorado is criminally prosecuting two cases involving reckless skiers injuring others on the slopes. They could get jail sentences.

Why is it good news? Fewer lawsuits and greater safety will result in lower liability insurance and eventually lower lift prices. Right on!

(And you thought this column was only funknee. That's my redefining "social value" section!

More uplifting thoughts: In its 23 years of operation, the train at Jackson Hole has covered 355,000 miles - a distance one and a half times that from the earth to the moon.

Someone said "Ski Canada" and Charlie Huggins did. This season he skied 10 areas in 3 Canadian provinces: several in the Mont Sutton area and Banff with Jack Peoples and ending up at Whistler and Blackcomb with Norm Engleman.

While at Blackcomb, Norm had the opportunity to ski with Olympian 1968 Canadian gold and silver medalist Nancy Green. Others in the group were green with envy.

Ubiquitous PVS: While skiing at Snowmass Easter, I ran into (almost literally) Roy and Malda Elrod skiing with Ex-PVSers the Von Northwicks - and their son who was skiing topless with blue hair. Strange things do happen on a sunny Eastertime day.

Two days later, while lunching at the top of Aspen Mt. with the Fruchts we found ourselves sitting next to Charlotte Eddy's daughter Charlotte

and husband, Nikki. They were visiting from Germany and skiing for the first time in the west.

On arriving home, I had a post card from the Elrods from Jackson Hole noting they were heading for Aspen. The Knee also had an anonkneemous Easter card signed "from the Easter Bunny". Thanks, Aina. Pretty skneeky!

I'm not saying who, but I was virtually attacked by a female club member recently who declared she was a kneeymphomaniac! Right on!

Dick and Marilyn Clark's new addition to their house will end up costing more than the house originally did some years ago.

A purely personal tip of the ole Knee Cap to late President (I mean ex-president) Jan Marx who presented the Knee with a wonderful, hand-painted 10th Ankneversarknee sweat shirt. It even has my logo - in color- no less- on the sleeve. Guess that makes it a designkeer shirt.

I've discovered another fundamental truth of the skiing universe: The wind, always blows in your face on a chair lift.

While many of us were skiing at Easter, the Flakes were in Key West taking wind surfing lessons. They will be ready for their PVS July beach party. As will Charlie Farwell who took similar lessons last fall.

Bing Poon cancelled a ski trip to Alta early this season when he heard they had a 205 cm base and his skis were only 225 cm long!

Betty Comerford really wanted to hike the Billy Goat trail and she didn't let trivia like work or sleep affect her. After working the early Sunday midnight to 6 AM shift, she drove home to Leesburg for an hour's nap then drove 40 miles to Potomac with husband Dick and was raring to go at the 10:30 starting time for the hike. Unfortunately, due to being overly tired, Betty slipped on a rock, fell into the Potomac and drowned. Pity.

(And you thought this column was only funknee. That's my obituary section.)

I just put that in to end with a bit of agonknee.

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**CALENDAR**

- May 13 ... Hike in Cedar Run/White Oak Canyons. See page 2.  
May 16 ... Spring Meeting at the Hensleys. 8 P.M. See page 1.  
May 21 ... Wine/ Cheese/Theatre Party. See page 3.  
May 23 ... ExCom at Ray McKinley's.  
May 31 ... Symphony at the KenGen. Call Alice Swalm (979-6756) by May 15th if you wish to join other PVsers for dinner preceding the concert. If you cannot use your symphony ticket, call Steve Grenleski (384-9013). He has a wait list.  
June 3 ... International Dinner at the Copes. Waitlisted. See page 2.  
June 10 ... Picnic at Hadler's. See page 3. Gail Pease coordinating.  
June 17 ... Fun Run and Brunch with the Clarks. Call Marilyn (978-9435)  
June 20 ... Monthly Meeting at the McNeils.  
June 27 ... ExCom at the Felkers.  
July 7 ... Evening at Wolf Trap. Waitlisted. Barbara Leonhardt (279-9056) coordinating. Details on picnic supper will appear next month. PLEASE NOTE THAT THE AUGUST 19th OPERA AT WOLF TRAP PVS PLANS HAVE BEEN DROPPED. MEMBERS INTERESTED IN MAKING THEIR OWN ARRANGEMENTS CALL BARBARA.  
July 15 ... Steak & Swim at the Elrods. Limited to 50. Call Coordinator Bette Walker (333-0766).  
July 25 ... ExCom *Cancelled*  
July 29 ... Picnic/Sail/ Swim at the Flakes. Limited to 40. Call Coordinator Charlotte Reith (765-1810)  
Aug. 12 ... Boating at Dean Worcester's. Limited to 40. Call coordinator Jean Heitchue (860-9190).  
Sept. 24 ... Chili Cook-Off at the Evans'. More later.

Bob and Jan Marx  
8312 Oakford Drive  
Springfield, Va. 22152

