

VOLUME XLIV *Potomac Valley Skiers, Inc.* MAY, 1982
NUMBER 5 WASHINGTON MARYLAND VIRGINIA

PRESIDENT'S MESSAGE:

First, let me thank you for the vote of confidence you gave me by letting me serve as your president again. I accepted the nomination only because YOU have been so great to work with during the past year. I look forward to even bigger and better things in 1982-83.

I want to thank our outgoing ExCom members Adele Waggaman, Jim Slack and Jean Heitchue for giving two years of great service to the club. I also thank Mary Ward for serving as Vice President for the past year. It is people like these who make the club go.

Next, I want to welcome new ExCom members Sheldon Drews, Bob Grasley, and Dorothy Mills. Please let them and our other ExCom members know what interests or concerns you about PVS so that we can continue to grow and enjoy.

Finally, I invite each of you to join us for the fine events coming up in May -hiking, monthly meeting with slides from the "big" trips, and our super International dinner. See you!

Bob Marx, President

THIRTEENTH INTERNATIONAL DINNER

DATE: Saturday, May 22nd. TIME : 6:30 p.m.
PLACE: Pat and Don Cope's home in Alexandria, Va.

There is a wait list for this popular event. If you've signed up and find you cannot attend, please call Marilyn Clark (978-9435) pronto so some one can have your place. Marilyn, Pat and Don are working out a super menu with appropriate wines. Marilyn will contact everyone on list so each will know what to bring. Price will be determined later.

DIRECTIONS TO 117 WEST MONROE AVENUE :

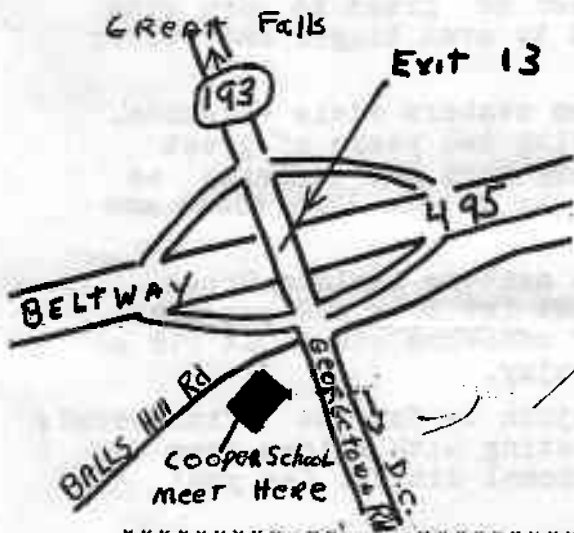
Take the George Washington Parkway past the sailing marina to the first right turn which is marked Slaters Lane, to the parallel service road. At the first signal, make a right turn onto Slaters Lane. Follow Slaters Lane through a angled left past the warehouses and make the first right turn. Go over the railroad bridge and turn left onto Monroe Ave. (The Monroe Ave bridge is Rt. 1). Go through 2 signals and the Cope home is the big, white house on the right before the 3rd signal. (telephone: 836-5436)



MAY EVENT OLD RAG CLIMB

Date: Saturday, May 15th. (Rain date: Sunday May 16th.) 7:45 a.m.
What: Climb wonderful Old Rag in Shenandoah National Park. Lu Beale will lead those with stout hearts and a good supply of energy on the strenuous 8 mile circuit hike via the boulder strewn Ridge Trail. Dot Mason will lead those equally stout hearted but somewhat less energetic to the summit and return via the Saddle Trail (easier but still requiring considerable endurance),

Time and Place: 7:45 a.m. An early departure is desirable to allow for the 85 mile drive and an unpressured climb. Please be on time! Bring coffee and danish to consume in car if you don't have time for breakfast. Meet at the Cooper School just inside the Beltway at Exit 13, Rte. 193, (Georgetown Pike). The school is on the corner of Balls Hill Road and Rte 193. See map below.



Wear: long pants, sturdy shoes, and, maybe, gloves. **Bring:** lunch, gorp, plenty of water, bug repellent, and, perhaps, liquid spirits on ice in your car to revive muscle spirits.

Reservations: Call Lu Beale (363-3521) by Thursday, May 13th so that car pooling can be arranged and trail head parking determined.

MONTHLY MEETING

When: Tuesday, May 18th. **Time:** 8:00 p.m.

Where: Home of Angela and Mort Kuff
2807 38th St. N. W. Washington 20007
Telephone - 333 6039

What: Good ol' time with good ol' friends. Sipping wine. Tasting tasties. Viewing some great slides of some great trips.

Directions: 2807 38th St. N.W. is between Fulton and Garfield Streets in the vicinity of the Washington Cathedral at Mass. and Wisconsin Avenues. If travelling north on Wisconsin, turn left on Fulton, go one block and turn right on 38th and on to 2807. If travelling south on Wisconsin, it's a right turn onto Fulton, of course.

PVS ExCom is looking into ordering more PVS T-shirts. If you have any suggestions regarding color or style please contact Ray McKinley (790-9313) or any other club officer.

COMING EVENTS

JUNE FUN AND RUN

What: First annual PVS jog and hog (picnic, that is). Here's your chance to run, jog, or stagger 1, 3, 6 or 10 miles with fellow crazies from the ever-on-its-toes PVS.
When Saturday, June 12th. Time 10 a.m.
Where On the Chesapeake and Ohio canal tow path starting at Carderock, Md. - near the David Taylor Model basin. Bring your own lunch!
Call Dick Clark (978-9435) and sign up. More details in June TOOT but put it on your calendar now. The June TOOT won't give you much time to think about it.

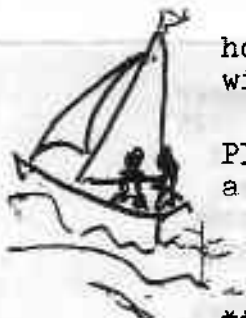
PICNIC AND SAIL AT THE HADLER COTTAGE by Gail Pease

Our annual Picnic at Jacques Hadler's cottage on Kent Island will be Saturday, June 19th from 10 a.m. until dark. We will plan to serve food about 5 p.m. Please plan to bring a salad or dessert, swim gear, extra chairs and a picnic lunch if you come early.

For a fee of \$3.00 we will provide soft drinks, beer, wine hot dogs& hamburgers with all the fixings. If we are lucky, there will be a couple of sailboats available.

With only one bathroom, this event is limited to 40 people. Please call Gail Pease (O - 924-5000, H - 620-4573) to reserve a place. Rain date is June 20th.

Directions in June TOOT.



AND WATCH FOR THESE OTHER SUPER DELIGHTS: July Steak fry at the Elrods; September Crabfest at the Wingroves; Oktoberfest at the Wyckoffs; and (maybe) a Fall Sail on the Chesapeake.

CACAPON WEEKEND IN EARLY OCTOBER by Helen Price

Golf for golfers! Hiking, horse-back riding, tennis, etc. for those with other interests! It's all there! Some PVS golfers are planning to spend the weekend of October 8-10 at Cacapon Springs, West Virginia, and to play their beautiful course designed by Robert Trent Jones and beautifully maintained by the West Virginia state park authorities.

We will be staying at the park's attractive main lodge and taking our meals either there or at one of several nice restaurants in the area.

Would you like to join us for 1. golf ; 2. preparing for the forthcoming ski season with some hikes in this beautiful and colorful mountain area; 3. participating in one of your favorite sports?

Who knows - we might initiate another enjoyable annual PVS activity!

Because of limited space during the fall foliage season, arrangements for this weekend must be made as soon as possible. Call Helen Price at 333-0154.

PAST EVENTS

BILLY GOAT TRAIL HIKE by Irene Farrell

What's a four letter word for a sure footed animal? and another four letter word for the hard stuff that sticks out of the ground waiting to trip you on late season ski slopes? You've got it! We're talking about the 21 PVS participants who ignored thunderstorm warnings and went scrambling over the ROCKS on the Billy GOAT Trail. The hikers were rewarded with spurts of warm sunshine and cool breezes, sights of kayakers, canoeists and rock climbers all doing their own thing. Blubells, yellow violets (or were they violas?) and other wild flowers were also out beaming at the pleasant weather.

After Lu Beale successfully herded her flock over the 5½ miles of variegated terrain, the hikers sauntered over to the Angler's Inn to imbibe and swap ski stories, many of which would make any fisherman's tale tame by comparison.

And a five letter word for our leader -- LUV'YA Lu!

APRIL MEETING

The April 20th Annual Meeting was graciously hosted by Jean and Reg Heitchue. The meeting included the election of officers (see President's Message) and the election of new members (see below).

President Bob Marx gave the following annual report:

The past year has been one of continued modest expansion for PVS with approximately a 10 percent growth in membership. It also has been a banner year for trips and events, highlighted by three major 2-week ski trips (PVS is one of the few BRSC Clubs to offer 2-week ski trips): one to Neustift and Mayrehofen, Austria; a second to Sierra Nevada, Spain and Oukaimeden, Morocco; and, two weeks in Utah. Other club ski trips included 2 weekends at Wisp and a 1-week trip to Sutton, Quebec. All trips were high successes!

Besides these "appropriate" activities for a ski club, we also had 3 hikes, 2 beach parties, 5 dinners (ranging from a very casual crab-feast to our annual international dinner gala), 4 super parties (New Years Eve, St. Patricks Day, Wine & Cheese, and Christmas), 2 bike hikes, and three "special events" (an all day winery tour, a tour of the Naval Observatory, and a tour of the catacombs under the Lincoln Memorial); all of this in addition to our regularly scheduled monthly meetings.

The club's appetite for haute-cusine led to the production of a major new cook book documenting the finest recipes of PVS's finest cooks. Weighing in at 133 expertly formatted pages, it is a super bargain at \$6.95 and has become our first best-seller.

The meeting concluded with two new ski movies - one on Grand Targhee, Idaho, by Bob Grasley, and one on the 1981 World Cup Races at Aspen presented by Keith Lyon.

WELCOME NEW MEMBERS: Dick Comerford, Charles Farwell, Knox and Karin Felkes, David and Babs Gaillard, Bruce and Penny Hanshaw, Norb Kulpa, Peter and Marlene Lang, John Pulos. We are looking forward to next year when other applicants can fulfill the requirements by skiing with us and attending meetings.

The Knee

by

Ray McKinley



'Tis May, 'tis May, the merry month of May. The snow is gone, the slopes are green,

'tis time to put our skis away. Oh, well, so much for poetknee.

As this skiing season ends however, it's exciting to note that the club already has 3 major trips approved for next year and that's nothing to skneeze at.

What a pleasure to see good budknee Dean Worcester at the April meeting. We would all like to see him more frequently. He and Dot Mason were discussing the fact that they were in the same high school class in Manchester (Dot in Womanchester) Vermont, and that their fiftieth reunion was upcoming. No, I must have heard that wrong, it has to be the fifteenth!

Also at the Annual Meeting, Malda Elrod was sporting an "I skied 500,000 vertical feet at Jackson Hole" medalion. I understand that this year the Elrods reached the 1,000,000 vertical foot mark. It took 7 weeks over several years. Let's see, that's over 11 vertical feet per week, isn't it?

Roy Elrod told me of a funknee line he heard at the next table in a Jackson Hole restaurant. "I'll have the Rack of Lamb," said the diner. "You're out? You mean you have a Lack of Ram?" Loved it!

Speaking of Jackson Hole, new Ex-Comer Bob Grasley is running a trip there next year and, as he put it, to "Grand Targknee." In answer to my cry for support last month, Bob sent me a little note saying he hoped the Easter Bunknee was good to me.

Speaking of trip leaders, for the first time in memory, Bob Wyckoff appeared at the April meeting without coat or tie. With an open shirt he was stark necked.

Earlier this year, the Knee was dashing down a slope when I banged a lady on the knee with my ski pole. I told her I was very sorknee and

that was what she would have. I noted that it was just a knee jerk reaction.

I received some info from Knox Felker on some new products from "Alpine Research, Inc." First, is the Hard Sell Knee Pad "essential for free heel Xcountry skiers...comfortable, warm, covered with a plastic knee cap." And here I thought a knee pad was what I wrote this column on.

Then, there's the Knee Leash." "consisting of a bracket that fits to your ski tip...a light mesh cuff that fits around your knee and a shock cord that connects the two...It gives tremendous support for parallel skiing and for bashing (!) around in deep snow." It's only \$29.95. I must have one for my right knee. I've already bashed the left one.

Quote from Carol Parmenter on Lu Beale's delightful hike on the Billy Goat Trail: "I'm always glad when summer comes... except for the heat."

Several months ago I reported on a lady who broke her leg while skiing down a slope in a most unusual fashion. Somewhat thereafter, Harden and Weaver told the same story on WMAL. I didn't know they were Kneeophiles!

I guess Ginny Larson is a Francophile. She skied in Val d'sere and Verbier this winter.

While on the Englemans' trip to Utah, Jean Heitchue had an embarrassing moment. As she got into the car to head for the slopes, Reg asked if she had everything. She got out of the car and assured herself that the skis were on the roof. On arrival in Park City, she discovered she had her skis but not her boots. She had to rent all new equipment. Or, maybe it wasn't so forgetful. The Knee understands that, just before, her skis had delaminated, and Reg fixed them himself with Elmer's Glue.

Recently I received an anonkneemous call asking if I knew that, with inflation, pumpernickle bread had gone to pumperdime. I said I couldn't use it in my column because it didn't relate to skiing. He said I surely could because, like my column, the material was going downhill.

SKI TRIPS

SKI BANFF & WHISTLER WITH PVS March 5-19, 1983

Ski Canada's best at Whistler (4280' vertical, North America's highest), Blackcomb (4000'), Sunshine (3500'), Lake Louise (3250'), and Norquay (1300'). These are fabulous mountains - all (except Norquay) have great runs for all levels of skiers. Plus fantastic snow.

The trip includes:

- * Roundtrip transportation and all transfers
- * Lift tickets
- * Seven nights at Lake Louise Inn with indoor heated pool, jacuzzi, disco, and a car for each five skiers to allow easy access to Sunshine, Norquay and Banff.
- * Flight to Vancouver and transfer to Whistler
- * Seven nights in Whistler Condos in the village at the base of the mountain
- * Parties before, during and after trip.

We're still negotiating for the best possible price which may run about \$1350 more or less. A \$25.00 deposit made out to PVS Canada will reserve a spot for you. The deposit is fully refundable until a month after a detailed flyer is issued with final price information.

Send check and direct questions to Norman Engleman, 10450 Kentsdale Drive, Potomac, Md. 20854. (Phone: 299-2635).

PVS SKIS THE STEEP AND THE DEEP by Mary Lee and Bob Grasley

Preliminary plans are to ski Jackson Hole (Wyoming) and Grand Targhee (Idaho) for 10 days. Accommodations at the Sojourner Inn at Teton Village - about 2 minutes walk from the tram.

Proposed dates: February 19-28, 1983.

Jackson Hole has the largest lift-served vertical drop in the United States (4,139 feet). Grand Targhee averages 500 inches of snow per year - one of the heaviest snowfall areas in the country.

Prices are being negotiated. Call the Grasleys (460-3167).

EXPLORE LA PLAGNE AND PARIS WITH THE WYCKOFFS January 15-30, 1983

See accompanying flyer for the details on this exciting adventure.

EXPLORE La PLAGNE and PARIS WITH PVS

POTOMAC VALLEY SKIERS 1983 EUROPEAN SKI TRIP -- JANUARY 15th to 30th

• Trip leaders Bob and Margaret Wyckoff have another unique first class trip to offer you. On Saturday, Jan 15, we'll fly from Washington to Geneva via JFK and Paris on Air France, and then on to La PLAGNE by 2½ hour deluxe chartered bus ride. On Friday, Jan 28 we'll retrace our steps by bus to Geneva and air to Paris. Then on Sunday, Jan 30 by air back to JFK and Washington.

• Why LaPLAGNE? We've been there twice for one week stays and found that even our best skiers could not cover this huge complex in that time. There is plenty of skiing for all levels of ability. In response to requests from many of those who went with us, we arranged this two-week trip solely to La PLAGNE - 12 nights and 11 full ski days there! Here are the statistics: Vertical drop over 6,000 feet; longest trail over 7 miles; 80 ski lifts - 1 cable car, 5 gondolas, 17 chairs, 57 pomas; 185 km marked trails - 7 black or expert, 30 red or upper intermediate, 48 blue or low intermediate, and 15 green or novice; 2 glaciers for 120 acres of year around skiing; and 35 km of cross country trails.

• We'll stay in the modern, roomy 3-star HOTEL Le FRANCE right on the slopes at the center of the resort. Ski from and to your door. You can also ski down to three charming old villages miles apart for lunch and return by lifts and skis. This is the same resort where many of our group went hang-gliding on skis a year ago. This ski area boggles the skier's mind. Our rates are based on two to a room with shower or bath, and with breakfast and dinners. Lift passes are not included.

• Our last two nights in Europe will be in glamorous PARIS in the 4-star HOTEL MADELEINE PALACE which is ideally located, near the Champs de Elysees, the Louvre, the Place de L'Opera, and two subway stations. Dinner is not included here. At the moment we are not sure whether a continental breakfast is included.

| | | |
|--|-----------------|---|
| <u>PAYMENT SCHEDULE</u> (Make checks payable to "PVS France" & Mail to trip leaders) | | |
| 1st- with application | \$ 25 | Based on \$794 GTF air fare including Paris stopover, |
| 2nd-September 1st | 500 | subject to further increases (or possible reduction) |
| 3rd-October 15th | 500 | until ticket issued. We'll keep you posted. |
| 4th-December 1st | 372 | Land package price subject to adjustment in case of |
| <u>TOTAL COST</u> | <u>\$ 1,397</u> | foreign exchange fluctuation, up or down. |

Cancellation Policy - \$25 fee. After Nov 10 land package refunds only to the extent hotels make deposit refunds. After Dec 30 there is a 25% air fare penalty.

'83 PVS La PLAGNE AND PARIS TRIP APPLICATION 5/1/82
(print and mail to R. L. Wyckoff, 8100 Park Crest Drive, Silver Spring, Md. 20910)
Name _____ Male _____ Female _____ (Phone 589-5532)

Address _____ Smoker _____ Non-smoker _____
City _____ State _____ Zip _____ Roommate pref. _____
Phone: Home _____ Off _____ Bed pref.: Single _____ Double _____

I belong to (or will join) the _____ Ski Club of the Blue Ridge Ski Council. I acknowledge that the PVS, the BRSC, their officers and trip leaders are acting as agent in making these arrangements and assume no responsibility for any injuries, nor for additional expenses that may be caused by weather or other events beyond their control.

Signed: _____ Date: _____

EXCOMER PROFILES

In April, three PVSers were elected to two year terms on the club Executive Committee. Following are get-acquainted profiles of the new ExComers:

Dorothy Mills by Helen Price

If at first you don't succeed in reaching Dorothy Mills on the phone, try, try again. With all her many interests and activities she seems always "on the go".

Having taken an early retirement from Government service several years ago, Dorothy is one who can enjoy "full time" her beautiful brick rambler in North Arlington where she not only maintains the house but a large yard with numerous flower beds and shrubs and a fish pond aswarm with gold fish and frogs.

Dorothy, born in Norfolk, Va., has been a Washington resident since the age of 10. She attended McKinley High and graduated from Wilson Teachers College. After a brief stint as a teacher in the DC C. school system, she joined the government intelligence service where she remained until her retirement in '75. Dorothy started skiing in 1955 during a two week trip to Stowe and was immediately hooked. After a Wyckoff trip to France in 1980 she joined PVS.

When Dorothy is not on skis or working in her yard she may be found seated at her grand piano practicing for her next music lesson or an uncoming recital. She has a great love of music and attends many operas, ballets, concerts, etc. She also enjoys swimming, boating, hiking, ice skating and tennis. With these many interests, she will make a welcome addition to ExCom.

Sheldon Drews by Charlotte Eddy

WATCH OUT!!!! Here comes the father & daughter ski team! It's Sheldon Drews and pretty blond daughter, Dina. Fourteen year old Dina is overtaking her instructor, Sheldon. Dina accompanies her dad on ski trips, as many of you fellow members know. She joined the Wyckoffs' trip this year to Neustif and Mayerhofen, Austria. They also skied Killington and Vale on past trips.

Sheldon is a Brooklyn native and graduated from the United States Naval Academy. He holds master degrees in Aeronautics and Astronautics from MIT and a masters degree in Management Data Processing from the Navy Post Graduate School in Monterey, California. He has been a civilian for the past six years, employed as an engineer at Computer Science Corporation for five years.

Sheldon's first ski experience was at Stowe in 1961. He joined SCWDC in '73 and PVS in '77. Skiing tops the list of his favorite activities. Friday nights during the winter, you'll find him instructing skiing for SCWDC at Liberty. Hiking, racket ball and reading - especially history - help to keep him out of trouble.

Sheldon's secret ambition is to spend an endless winter vacation skiing all over Europe. Wouldn't we all like to do just that!

(Profiles Continued Next Page)

EXCOM PROFILES (Continued)

Bob Grasley by Lu Beale

Bob Grasley is the peregrinating trip leader who for years has lured bedazzled skiers to far away exotic places where to ski AND see is the name of the game. Norway. Czechoslovakia. Poland. Andorra. Spain. North Africa. There's NO place the man can't find a challenging slope to lead you down and his grateful, loyal followers are legion.

Bob was born in the frozen north in Barrie, Canada. Circulating to Quebec Province and other areas of Northern Ontario, skiing rapidly became a way of life for him. He graduated cum laude from the University of Toronto with a degree in Chemical Engineering.

Eventually, in New York, he wooed and won the beautiful Mary Lee who now co-leads their exciting adventures. After becoming an American citizen, Bob spent a few years in Santa Barbara, California, and then went to work for the Navy at China Lake in the Mojave Desert. He considers the highlight of his work career to be the development of the Navy's first isostatic press for making very high quality explosive charges.

Ski-wise, Bob was the first President of the Santa Barbara Ski Club; President of the U.S.N.O.T.S. Ski Club; Past Director of SCWDC; President of ESA, also of BRSC for 2 terms. He is a registered professional ski instructor, Instructor of the SCWDC Ski School, and chief Ski Coach at the Montgomery County Special Olympics. He is also the occasional leader of winetasting and other such enterprising tours.

Lead on, Bob. We'll follow you anywhere!

SKI PATROL NEWS : Gail and Larry Pease recently attended the annual Ski Patrol officier's meeting in New Hampshire and had the pleasure of witnessing the award to the SKI LIBERTY patrol as the outstanding patrol of the Eastern Division. The pleasure was enhanced when this information was related to patrol member Jim Wingrove.

Larry Pease was recently honored (and exposed) by receiving the Ski Patrol Award for twenty five years of service.

Ms Deb Ross was re-elected Potomac Section Chief covering Virginia areas.

ACTIVITIES

- May 15 ... Climb Old Rag. 7:45 a.m. Call Lu Beale (363-3521)
- May 18 ... Monthly Meeting at the Kuffs. 8:00 p.m.
- May 22 ... International Dinner at the Copes. 6:30 p.m.
- May 25 ... ExCom meeting at the Barrys. 7:30 p.m.
- June 12 ... Jog and Picnic on the Tow Path. 10:00 a.m. Call Dick Clark,
evenings (978-9435)
- June 19 ... Picnic at Hadler's cottage. Call Gail Pease (H: 620-4573
O: 924-5000)
- June 22 ... ExCom at the Masons. 7:30 p.m.
- July 17 ... Steak Out at the Elrods. (Details later.)

FOR A LISTING OF SKI TRIPS, SEE PAGE 6.

PRESIDENTIAL PERKS by Bob Marx

Every once in a while it pays to be prez. Those Canadians really know how to treat dignitaries, i.e., President Bob Marx and Publications Distributions Manager, Jan Marx.

For the benefit of PVS, this duo sacrificed a winter evening of personal time. In return, we had the opportunity to tour the spring, summer and fall Canadian travel scene interspersed with frequent bar stops.

This tour included a brochure on heli-sking and heli-biking in the Bugaboos. (Did you see the front page of the Wall Street Journal on March 25th???) Then we had to sit

in the elegant Presidential Ballroom of the Capitol Hilton and devour salmon en crouete flown in specially for the occasion from British Columbia and to mandibulate a magnificent maple mousse. Following this ordeal, we were forced to sit through a film depicting some of Canada's magnificent scenery.

Oh -- the pressures of the presidency!

(Call Bob or Jan if you'd like to pursue some of the literature. 451-9158.)

ROBERT AND JANET MARX
8312 OAKFORD DRIVE
SPRINGFIELD VA 22152



ALWAYS
USE ZIP
CODE

