

VOLUME XXIV
NUMBER 7

Potomac Valley Skiers, Inc.

WASHINGTON MARYLAND VIRGINIA

JULY, 1989

PRESIDENT'S MESSAGE:

PVS has decided to simplify the membership processing for all involved, no longer do we have to pay dues on an annual basis, now we make one payment and it will last for 2 years. So pay your dues early and you can take a year off.

We recently had our trip leader meeting, identifying the prospective ski trips for the coming year. It looks like it will be a good year with a number of interesting trips. Full information on next year's PVS skiing will be published in a special edition August Toot. Sign up early.

Dick Comerford, President

Special Event

STEAK AND SWIM AT THE ELRODS

WHEN: Saturday, July 15 at 2:00 P.M.
(Rain date: Sunday, July 16)

WHAT: Grand opening of the pool and "PVS ROOM" at Malda and Roy Elrod's fabulous new home in Triangle, Virginia. Master Chef Roy will prepare your steak to order.

COORDINATOR: Bette Walker (333-0766).
Reservations are limited to 50 and deadline is Monday July 10. No-shows will be responsible for the price of their steaks.

BRING your own plate, eating utensils and salad or dessert. (Check with Bette.)

COST will be approximately \$10.50.

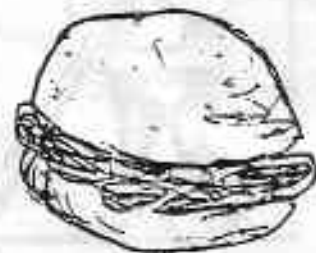


Directions: Take Route I95 south towards Richmond. Take the Dumfries/Manassas exit for Route 234. Go left on Rte. 234, then right on old Route 1 to left on Virginia Route 1107 at the Triangle Plaza sign. Follow 1107 to a T-type deadend and bear right on Cabin Road. Continue on Cabin Road to Hemlock Point - last street on left.
Address: 3100 Hemlock Point Phone: 703-221-4122

COMING EVENTS

PICNIC/SWIM/SAIL AT THE FLAKES

When: Saturday, July 29. (Rain date: Sunday July 30)
 Anytime after 1 P.M. Supper will be around 5 P.M.
 Where: Home of Joan and Glade Flake in Annapolis.
 If weather is "IFFY" call Joan (301-267-0729) for
 rain day decision.



What: Sailing and other water sports. Eating and other land sports.

Coordinator: Charlotte Reith (765 - 1810). Guests are limited
 to 40 so call NOW. (Charlotte will be out of town
 from July 15 to July 20 so don't be alarmed if no answer
 during that period.)

Instructions: Bring your own burger, steak or weenie (and roll)
 to grill. Plus dessert or salad to share. (Check with Charlotte.)

Cost: For a small fee, beverages, utensils, etc. will be provided.

DIRECTIONS:

From Highway #50 exit at PAROLE Exit (first exit for
 Annapolis) take left turn on West Street and go to second stop
 light where turn right on Solomon Islands Road. Go one long block to
 first stop light and take a left on Forest Drive and proceed about
 5 miles - (name of Drive will change to Bay Ridge Rd and, then, to
 Farragut Avenue). Enter gates which have a sign "Bay Ridge" and
 take first left on East Lake Drive. Bear to right and continue around
 lake until reaching Number 40 - the Flakes! (DON'T PARK ON STREET!)
 40 East Lake Drive, Bay Ridge. Telephone 301-267-0729)

PICNICKING AND BOATING WITH DEAN WORCESTER

When: August 12. (Rain date: August 13.)
 Time: 1 P.M.
 What: If you like boats this event was made for you-
 many types will be available for your pleasure.
 Plus picnicking with friends. (Swimming doubtful - depending
 on presence of sea nettles.)



Coordinator: Jean Heitchue (860-9190). Guest list limited.
 Bring your own burger (or steak?)
 to grill plus salad or dessert. There will be a
 small charge for beverages, etc.

DIRECTIONS TO DEAN'S AT 256 LONG POINT RD., CROWNSVILLE, MD.

Approach Annapolis on Route 50. Turn off at first Annapolis exit
 (also labelled "Parole"). Stay right--road loops back under highway
 and becomes Route 178, General's Highway. Stay on it for about five
 miles. At the seventh stop light turn right onto Herald Harbor Road
 (Texaco and Gulf stations at intersection). At first stop sign turn
 left (still Herald Harbor Road). Follow winding street past Herald
 Harbor Mini-Mart and Fire Station, make no unnecessary turns. A sign
 indicates when it becomes Long Point Road; continue for 1/2-mile to 256,
 on your left.

Since parking is not allowed on narrow Long Point Road and space
 is limited, you'll have to unload your car, park it near the Mini-Mart,
 and be shuttled back. And forth. (Telephone 301-987-6017)

September Special Event

COMERFORD'S BIKE/HIKE

September 3 (rain date
September 4) 1:00 pm

Come join your fellow biking enthusiasts on the recently opened, tree-lined, W & O D trail from Leesburg to Purcellville. This 10.5 mile section is in a delightful pastoral setting with views of the Blue Ridge Mountains.



Bicycles can be rented from the Leesburg Cycle Shop located adjacent to the trail.

Non-bikers may wish to hike a portion of the trail or join Betty in a walking tour of historic Leesburg.

Bikers, hikers and walkers will return to the Comerfords for refreshments. Costs to be shared by participants (\$8 - \$10 range).

Reservations: Call Irene Farrell 921-0590. Limit: 30. Cut-off date: August 31. (new ↑ number)

Directions to the Comerfords in Leesburg will be in next month's TOOT.

SWIM

"SAIL THE GREEK ISLES" - September 16 - 30, 1989. For information contact Bob Grasley, 3800 Powell Lane #907, Falls Church, Va. 22041 Telephone: (703) 931-0415.

PAST EVENT

SAIL AND SWIM AT HADLER'S by Mary Jane McCarthy

Actually, we neither sailed nor swam on June 10th at the Hadler Cottage on Kent Island, with one exception...

It was on a windy, rain-free day that 18 plus skiers assembled for the annual (mismomered) event but we had fun anyway. We were treated to a beautiful ongoing sight of wind surfers racing at high speeds and resembling colorful butterflies.

We munched as we talked of upcoming trips - Greece and Argentina - with expert input by John Pulos and Bob Grasley on the former and Charlie Farwell on the latter.

Late arriving Wingroves were the sailing exception.

The Pease family executed the cook-out of burgers and dogs accompanied by salads and desserts. I am always amazed that the crowd can munch away all afternoon and then demolish the main meal. We did so in grand style!

The event delivers what it promises - action or a "laid-back" afternoon of easy, interesting conversation with good friends.

Thanks Gail and Larry for another refreshing affair.

PAST EVENTS

AN EVENING AT THE KENNEDY CENTER --"ALL MEN ARE BROTHERS"

by Dorothy Mills

What a very special event--Beethoven's Ninth Symphony performed by the Deutsche Oper Berlin and our own University of Maryland chorus. The orchestra and solists were in Washington to perform Wagner's epic Ring cycle, and thanks to Steve Grenleski's foresight and planning twenty PVSers attended. The performance of the great symphony with its thrilling "Ode to Joy" was splendid and moving - its lines "All men become brothers" especially poignant coming during the tragic events in China. The solists, orchestra, and chorus were outstanding and deserved the standing ovation they received. The performance, attended by West German President Richard von Weizsäcker (in addition to PVS) was opened with speeches by Henry Kissinger and West German Ambassador Jürgen Rühfus paying tribute to the 40th anniversary of the constitution of the Federalist Republic of Germany which the concert celebrated.

Before the concert some of us enjoyed an elegant dinner arranged by Alice Swalm in the Kennedy Center restaurant and afterward continued the gala evening with a post-performance dessert party in the restaurant.

A very special and exciting evening.

MEETING IN OLD TOWN ALEXANDRIA by Katherine Reynolds

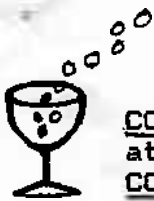
On June 20, the last day of spring, about 35 PVSers plus 2 guests visited Shirley Rettig's lovely early eighteenth century restored home in Old Town Alexandria on a street paved with the original cobble stones laid by the Hessian soldiers of the Revolutionary War period.

Although small (just right for one person, as a visitor remarked), the four downstairs rooms and the small walled garden easily accomodated the group.

Visiting Shirley's home for the first time is a special treat because of the lovely paintings by Washington artist Lili Spandorf who comes from Austria. Also of interest are the many objects of art Shirley has collected during her numerous travels and the delightful and creative way she has arranged them throughout the house which is furnished, in part, in Victorian style.

After refreshments and socializing, a brief business meeting was held in the garden under the stars - surely a first for PVS!

Hearty thanks to Shirley for once again sharing her charming house and garden with PVSers.



**COPING
at the
COPEs**

by Jan Marx



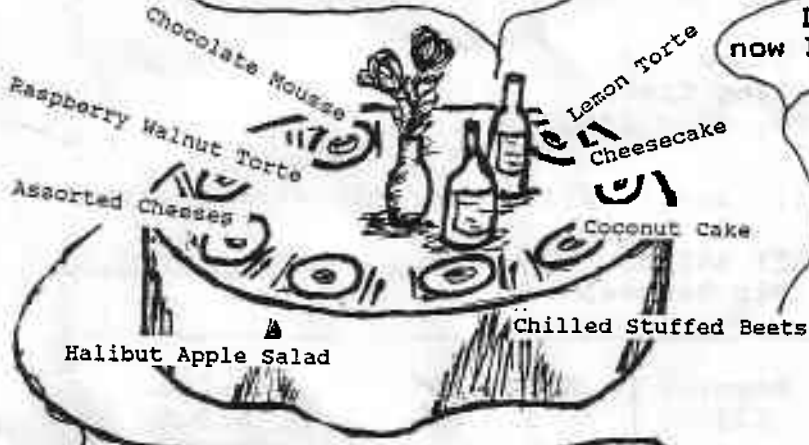
Faces we
don't often see.

Cutesy: wine label
printed on the inside
of the Vin Gris de
Cigare bottle.
(Greasy cigar wine.)

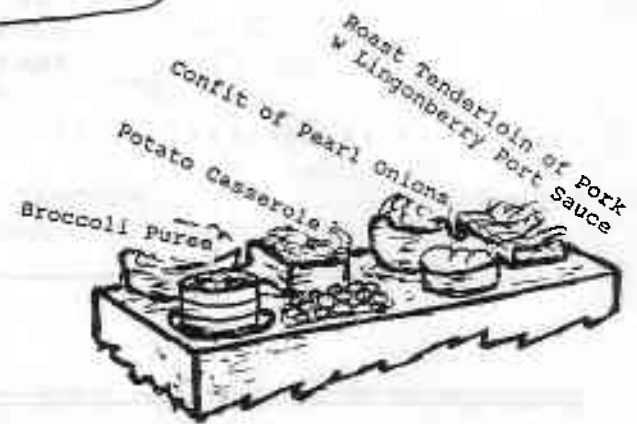


gulp vs.
guzzle

DON SWABY
now likes beets.



LU couldn't remember if she was eating
St. Andre's or St. Helen's.
Just bring her that holy cheese.



Each table had a strong opinion
on its preference for
the Portuguese or French wine...
but no overall consensus.



The year of the
flowered skirt.

Prez and Mrs. Prez arrived fashionably late, as usual. They drove to Cope's directly from a wine tasting tour, without directions, and without Mrs. P knowing that this was the next event: which is unusual.

Pat and Don chose a superb menu accompanied by varied and interesting wines. They, and daughter Karen, demonstrated their smooth organization, both pre and post event. I especially admired their orchestration of willing volunteers to serve the food. THANKS P,D & K.

Coping at the Copes was EASY.

MEMBERSHIP NOTE

DUES NEWS: At the annual meeting in April the club voted to change the by laws so dues are now collected on a biennial basis. Just think - you will get two years of PVS meetings, events and a month TOOT by simply writing one check. Easy?

Dues are due by October 31, 1989. Paying two years at a time does not mean you have two years to pay!

Please fill out the application form on page 6 and mail to the membership chairperson as directed.

MEMBERSHIP RENEWAL

It's membership renewal time. A quick response (no later than October 31) will assure your membership in PVS for **TWO YEARS**. **Dues are now bi-annual.**

Please fill in all the information requested on the form so that it can be used to keep our records up to date. Send the form with your check made payable to Potomac Valley Skiers, Inc. to:

Marilyn Clark
8953 Falling Creek
Annandale, Va. 22003

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1989/91

POTOMAC VALLEY SKIERS, INC.
Membership Renewal

Date _____

NAME	Regular \$25.00	Applicant \$30.00	Non-Local \$10.00

ADDITIONAL MEMBERS IN SAME HOUSEHOLD - \$15; JUNIOR 18/under - \$10

NAME	Skiing Spouse	Non Skiing Spouse	Junior	Other

MAILING ADDRESS:

Number and Street City State ZIP

PHONE NUMBERS:

Home Office-Him Office-Her

The club needs your assistance. Please check the appropriate spaces if you are willing to:

- coordinate an event
- host an event for Toot
- run a local ski trip
- occasionally write up an event for TOOT

If you are interested in signing up for a ski trip during the following season, what area would you prefer?

1. _____ 2, _____ 3. _____



THE KNEE

by

Ray McKinley

Midsummer night's dream: White, fluffy, fresh fallen snow.

Rooster trails behind the skis and both skis and boots covered to the ankles. Heaven!

But, take heart - despite oppressive heat, each day is now shorter than the last. We are now over the summer solstice hump, over the curve's Knee.

Is the club falling apart? What has happened to all our traditional events? This year we have no Wingrove Crabfeast, no Clark Fun Run, no Wyckoff Oktoberfest (and no Wyckoff-run European trip next season). And we just had our penultimate International Dinner at the Copes. Are we going under?

Kneedless concern. On the positive side we look forward to resuming Steak & Swim at the Elrods, an updated beach house (and perhaps beach) at Jacques Hadler's next year. And lots more.

We're not getting older, we're getting better. Ask Steve Grenleski who just retired from Johns Hopkins. Or Irene Farrell who retired in early spring and immediately took off for two weeks' skiing in the west.

Our June meeting was to have been at the McNeills but Bob asked if we could change it because he had been invited to a testimonial dinner that night - for him. We'll get to McNeills in September. A special tip of the ol' Knee cap to Shirley Rettig who hosted the June meeting on very short notice.

It was a genuine pleasure to renew acquaintance with Nancy and Joe Lewis just back from Nancy's multi-year tour in London. Joe noted that they returned to two straight weeks of rain, just like London. Except, a friend called and told them London's summer to date was bright and sunknee. Nancy told me she liked the Cocknees' ukneeque accent.

The Knee is not normally into birthdays but congrats to Hank Thomas who just celebrated his 75th. That's three quarters of a centurknee. Ouch! Thelma

Bellolknee is also now a year older. And Jim Wingrove is now a half centurknee old.

More on ubiquitous PVSers: Recently Ginny Larson was returning from a California trip. In San Francisco airport she ran into - literally- Charlie Gordon and Mike Rysavy who were returning from a trip down under. When Ginny's flight was canceled she was rerouted through Texas with Mike and Charlie. There, Ginny went on to D.C., Mike to Baltimore and Charlie to his Texas home.

Hank and Aina Thomas have "renters" - a gray fox with two kits has taken residence near her back yard. They should talk to Marilyn and Dick Clark who had similar "renters" last year.

After a recent ExCom meeting, Prez Dick Comerford left for home at 11 P.M. for a short night's sleep - he had to be at Dulles Airport at 6 A.M. the next day for a business trip to Denver. Dick, business trips to Denver are useful only in the winter.

ExPrez Bob Marx had to cancel a scheduled business trip to China because of the ongoing unrest there. Asked what he thought of Red China now, Bob replied, "It still goes well with a yellow tablecloth."

The Heitchues arrived topless for the International Dinner .. the roof was off their classic Mercedes.

Don Cope started that dinner with a huge bottle of Chadd Ford 1986 Chardonnay. He said it was much larger than a Jeroboam. It was called a megaboam.

As usual, the Copes' dogs were about. At one point, Betty Comerford, after being nuzzled by one, scolded husband Dick for getting fresh.

Meanwhile, new member Maryse Delevaux and ex-prez Doris Mair were renewing an acquaintance begun when both were active in SCWDC, dormant for twenty years.

A special welcome back to town to recent returnees Bill Hager and Keith Lyon. Hope to see you soon.

There will not be a normal TOOT next month but I have so much news for you I may have to put out a short August TOOT just to get it in. I'll call it TOO.

SKI TRIP

SKI HIGH MOUNTAINS in HIGH SEASON...!

February 24 - March 11, 1990

Val d'Isere-Tignes, France
Courmayeur, Italy

We will join the British Club Mark Warner and have our own multi-level ski guides take us to the best skiing of the day.

With 95 miles of marked trails and a lift pass for 104 lifts, including the new Funival which whisks 300 skiers to the top at Bellevarde, with two glaciers, and with new snowmaking on the home run at La Daille, you will certainly find good skiing at VAL D'ISERE.



COURMAYEUR is considered by many to be one of the best all-round ski resorts in Italy. The charming village is set snug on the southern side of Mont Blanc and only a bus ride from Chamonix via the Mont Blanc tunnel. We will stay at Club Telecabine built 6 years ago around the Dolonne lift station. There are 29 lifts in Courmayeur (4 cable cars, 2 telecabines, 6 chair lifts, 17 drag lifts) plus 3 cable cars and 1 drag lift serving the Mont Blanc ski area.)

PRICE: \$1750 (estimate) includes-

AIRFARE Dulles-Geneva and return

GROUND TRANSFERS Bus from Geneva to Val d'Isere (c. 4 hrs.); bus from Val d'Isere to Courmayeur (c. 2 hrs.), and bus from Courmayeur to Geneva (c. 2 hrs. through the Mont Blanc tunnel.)

LODGING at Club Cygnaski, Val d'Isere

- 7 nights, double occupancy; all rooms have private bathrooms
- 7 English breakfasts
- 7 afternoon teas with home baked cakes
- 6 three- (or four)-course dinners with wine

Lodging at Club Telecabine, Courmayeur

- 7 nights, double occupancy; all rooms have shower, wash basin and toilet
- Meals as in Val d'Isere

GUIDE SERVICE

COMPREHENSIVE WINTER SPORTS INSURANCE

SEE FLJER IN AUGUST TOOT.
For more information now, call
Karen and Knox Felker
(703) 931-6843

Not included: Lift tickets
Lunches
A local ski guide for those who might wish to ski Vallee Blanche to Chamonix.



COOK'S CORNER



by

Nancy Garrett

*** EASY DOES IT ***

Seems to me that if one can prepare a delicious treat - whether entree, appetizer, desert, or

whatever - and do it simply, quickly, and with little fuss, that recipe ranks as one of the outstanding ones to be kept, used, passed on to generations yet to be. The three recipes below fit all the criteria.

MOUSSELINE DE CAVIAR

Jean Hensley

In fine strainer, drain, gently shaking:

- 1 (3 1/2 oz) can black Danish lumpfish caviar

Gently shake strainer often. Set aside.

Soften in top of double boiler:

- 1 package Knox gelatin
- 2 Tablespoons fresh lemon juice
- 1 1/2 Tablespoons dry vermouth

Dissolve over simmering water.

Add, stir until dissolved, set aside:

- 2 teaspoons anchovy paste

Put through fine sieve or ricer:

- 5 large hard cooked eggs

Gently fold together:

- Sieved eggs
- 3/4 cup light mayonnaise
- 1 Tablespoon Worcestershire sauce
- 1 Tablespoon grated onion
- Gelatin mixture from above

Very gently spread caviar on top of mixture. Mix together very lightly to prevent breaking the caviar roe. Lightly oil 2 cup fish mold. Fill with mixture. Chill overnight.

To serve: Unmold on platter. Use olive slice for eye, pimento slice for mouth, and chives for gills. Garnish with parsley placed around mold. Serve with party pumpnickel rye or crackers.

Jean says she often uses individual molds for a lovely first course. Makes 6.

ASPARAGUS-SEAFOOD SPREAD

Nancy Garrett

In food processor, using steel blade, chop separately, remove, and set aside:

- 8 oz. imitation crab
- 2 green onions

Drain, reserving liquid:

- 1 (10.5 oz) can cut asparagus spears

Mix together:

- 1/4 cup asparagus liquid
- 1/2 envelope Knox gelatin

Place in microwave, 30% power for 30 seconds to dissolve, or place over simmering water.

Using plastic blade, coarsely puree:

- Asparagus from above

Using plastic blade, blend until smooth:

- 1 (8 oz.) package "Light" cream cheese
- 1/2 can cream of celery soup
- Pureed asparagus
- 1/2 teaspoon celery seeds
- Dash coarsely ground black pepper
- Dissolved gelatin

Add crab and onion mixture and using touch on and off, mix together, but do not puree crab. Cover and chill several hours or overnight. Serve with Champagne crackers or wafers.

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COCONUT CAKE

Aina Thomas

Follow directions of box of yellow cake mix using two 9-inch pans. Cool.

Mix together:

- 2 (6 oz.) packages frozen coconut, thawed
- 3/4 cup (or less) sugar
- 1 (16 oz.) container sour cream
- 1 (8 oz.) Cool Whip.

Place half on mixture on cake layer. Top with second layer. Use remainder of coconut mixture on top. Sprinkle coconut on top to make it look "fuzzy". Place in sealed cake container. Refrigerate for 3 days to allow flavors to blend.

Have a lovely summer. More recipes from the International dinner for you in September.

CALENDAR

- July 15 ... Steak & Swim at the Elrods. Limited to 50.
Call coordinator Bette Walker (333-0766)
- July 25 ... ExCom at Dick Comerford's home. 7:30 P.M.
- July 29 ... Picnic/Sail at the Flakes. Limited to 40. Call coordinator
Charlotte Reith (765-1810).
- Aug. 12 ... Boating and other water sports at Dean Worcester's.Limited.
Call coordinator Jean Heitchue (860-9190). Rain date: Aug. 13.
- Aug. 22 ... ExCom at Dina Taylor's.H(301)663-6089. 0:427-3227
- Sept 3 (Rain date: Sept. 4)...Bike/Hike in Leesburg. Picnic with the
Comerfords. See page 3 and call coordinator Irene Farrell
(921-0590). → New phone number... toll free!
- Sept. 19 ... Monthly Meeting at Bob McNeill's Rockville home.
- Sept. 24 ... Chili Cook-Off at the Evans. This is a Sunday event
and details will be in September TOOT. For an early
reservation, call the Evans (620-0545).

!! SKI TRIPS !!

- The following ski trips are planned for PVS. Watch for fliers in August TOOT.
1. Mont Sutton (January 14-21) Jack Peoples leading (840-2213).
 2. Canaan Valley (Feb. 2 - 4) Ski-O-Ree.Nancy Laymon leading (476-4262).
 3. Mont Tremblant (Feb 11-17) Jack Peoples leading (840-2213)
 4. Val d'Isere &Courmayeur(Feb 24 - Mar 11)Felkers leading (931-6843).
 5. Killington (Mar 18-24)Jack Peoples leading (840-2213).

Bob and Jan Marx
8312 Oakford Dr.
Springfield, Va 22152

