

VOLUME XXIV *Potomac Valley Skiers, Inc.* JANUARY, 1989  
 NUMBER 1 WASHINGTON MARYLAND VIRGINIA

PRESIDENT'S MESSAGE:



I hope you all had enjoyable holidays.

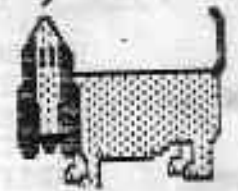
The Nominating Committee for the 1989 PVS election is being chaired by multi-talented Gail Pease. They will meet in January to present nominees for President, and three members of the Executive Committee. The nominees must be presented in the February TQOT. Nominees must agree beforehand to serve, if elected. Suggestions from the membership are welcome.

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 This is going to be an unbelievable year!

If there are any corrections of the new roster, please let me know.

Janet Marx, President

*Jan*



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**MONTHLY MEETING**

**FOR  
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**WHEN:** Tuesday, January 17, 1989. 8 P.M.

**WHAT:** First club meeting of the new year featuring a reunion of all those just returned from the Mont Sutton trip and a gathering of all those reving up for their trips. Main topic of the evening will be - guess what?

**WHERE:** Silver Spring home of Dr Paul Yessler  
 9107 Woodland Drive.  
 Telephone: 585-0942

DIRECTIONS ON NEXT PAGE

DIRECTIONS TO THE YESSLER HOME FOR FEBRUARY MEETING:

From beltway, take Exit 31-B (south) - Georgia Avenue, Silver Spring. Go past three traffic lights (the first two are VERY close together) and turn left on Grace Church Rd. (0.6 mile from beltway exit). Go one block on Grace Church Rd. to Woodland Drive and turn right. The house - 9107 Woodland Drive - is the 2nd house on the left side - white brick with blue frame trim.

From D.C., get to 16th street N.W. going north into Md. Go on 16th street extended 1.0 mile from the District line where 16th Street "dead ends" into Georgia Avenue (Silver Spring). Turn right (south) on Georgia and get immediately in the far left lane and turn left at the first left possible - Grace Church Road (only 0.1 mile from where 16th street ends on Georgia). Go one block on Grace Church Rd. and turn right on Woodland Drive. The house - 9107 Woodland Drive - is the second house on the left side. Telephone: 585-0942.

**COMING EVENTS**

SATURDAY, MARCH 4, 1989 - GOURMET WINE TASTING AT THE COPE'S

**Special**

LIMITED GUESTS. CALL DON COPE NOW TO RESERVE YOUR SPACE. TELEPHONE 836-5436

**Event**

PREVIOUS ATTENDEES KNOW THIS IS A SPECIAL NOT-TO-BE-MISSED EVENT. DETAILS LATER. SIGN UP NOW!

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MAY 31, 1989 - BEETHOVEN'S NINTH SYMPHONY AT THE KENNEDY CENTER

**Special**

STEVE GRENLESKI HAS MADE ANOTHER OF HIS TRADEMARK COUPS AND SECURED 20 TICKETS FOR THIS ONCE-ONLY PERFORMANCE OF BEETHOVEN'S MIGHTY CHORAL SYMPHONY.

**Event**

THE SYMPHONY WILL BE PRESENTED BY THE DEUTSCHE OPER BERLIN WHICH IS VISITING WASHINGTON AS PART OF ITS CELEBRATION OF THE 40TH ANNIVERSARY OF THE FOUNDING OF THE FEDERAL REPUBLIC OF GERMANY. TICKETS, AT \$27.50 EACH, ANNOUNCED AT THE CLUB'S LAST TWO MEETINGS, WERE SNAPPED UP AND AT LAST REPORT ONLY ONE WAS LEFT. IF YOU ARE INTERESTED, CHECK WITH STEVE (384-9013) AND SEND CHECK MADE OUT TO PVS AND A STAMPED SELF-ADDRESSED ENVELOPE TO STEVE GRENLESKI, 13422 TAMARACK ROAD, SILVER SPRING, MD. 20904

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CALENDAR

- Jan. 17 ... Monthly Meeting at Paul Yessler's. 8 P.M.
- Jan. 24 ... ExCom at Marilyn Clark's. (Note change in place) 7:30 P.M.
- Feb. 21 ... Monthly Meeting at the Marx home. 8 P.M.
- Feb. 28 ... ExCom at Bette Walker's. 7:30 P.M.
- Mar. 4 ... Wine Tasting at the Copes. See above.
- Mar. 21 ... Monthly Meeting at the Ufholz home. 8 P.M.
- Mar. 28 ... ExCom at the Wyckoffs. 7:30 P.M. (589-5532).
- Apr. 18 ... Annual Meeting at Adele Waggaman's. 8 P.M.
- May 31 ... Kennedy Center. See above.

PAST EVENTS

WINTERFEST DINNER by Lu Beale

On Saturday December 3rd, at the conclusion of the Winterfest Dinner, a hand-engraved Efficiency Award, signed by all 37 guests, was proffered to Rosemary Soler, chairperson of the event . Unfortunately, the honoree was not able to accept the award in person as she was at home nursing multiple arm fractures suffered in a fall two days previously. However her early coordinating efforts contributed greatly to the success of the 3rd annual Winter Dinner.

With Rosemary hors de combat , Nancy Garrett took over as generalissimo and, with the assistance of the club's many talented chefs and wine steward Ray Garrett, orchestrated another super PVS event.

Special thanks go to Dorothy Mills who, as Director of Decorations, brought roses and spider chrysanthemum and holly from her December garden to adorn the candle-lit tables and to Bette Walker who arranged the rental of the lovely party room in the Colonade and, with Dot, set the tables with matching paper napery, dessert plates and glasses.

The dinner itself was preceded by a social hour featuring three champagnes (one non-alcoholic) and three elegant patés. Then it was on to the buffet of veal scaloppine, stuffed acorn squash, wild rice with mushrooms and chestnuts, and green salad followed by a wonderfully refreshing dessert appropriately named The Pink Thing. A seemingly endless supply of white and red wines accompanied the feast.

After dinner dancing was hampered somewhat by the carpeted floors but the festive spirit remained undampened (or perhaps well dampened?) into the late hours where all departed after another PVS evening well spent.

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Christmas Glühwein Party by Dorothy Mills

Christmas spirit was abounding at Jean and Reg Heitchue's lakeside home for the traditional holiday glühwein party. Ringing in the holiday season were 50 PVSers -- at least 40 in red or accents of red, including 'Prez' Jan Marx and Bob in color-coordinated red and black outfits. The Heitchue home was pure magic - a glittering ceiling-height Christmas tree with a distant view of glittering lake beyond, shimmering candlelight sparkling off of deep red roses in crystal vases, and the spicy fragrance of glühwein permeating everything. Plus (you knew I was getting to this!) a banquet table overflowing with Christmas goodies from all the participants -- hot crab dip, spicy dips, vegetable dips, cheese dips, cheese balls, and a dizzying variety of cookies, cakes and candy, and wine, soft drinks, coffee, and the skiers' special glühwein.

We took time out for business meeting, traditionally short, after which Charlie Farwell spoke about the importance of watching for symptoms of illness - especially heart attack - in our friends and ourselves. We tend not to recognize - or just ignore - the symptoms when we're having fun. But we should be aware, and watch out for each other. Many thanks, Charlie.

Back to the fun part! It was a truly special Christmas celebration. Thank you Jean and Reggie for welcoming us to your home. You've set us off on a Happy New Year!

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# THE KNEE

by

Ray McKinley

We've made it through the fall and Christmas. Snow reports

from everywhere are excellent (except for Barbados). Some of us have skied already and literally half the club is off to Cankneeda with Jack Peoples. Happy Knee Year!

The Kneedle of the Month (and likely the year) goes to the PVS Executive Committee (including the Program Chairman). At their November meeting a subcommittee, chaired by Marilyn Clark, was appointed to prepare for PVS's 25th ankneeversary this coming November. A date was selected (Nov. 11, 1989), locations checked for availability (The Barns at Wolf Trap, Fort Myer Officers Club, Washington Country Club, etc.) and menu planning begun.

It was only when Bob Marx heard about it that we were reminded that the club was founded in 1965, not 1964. Further, our 20th was in November 1985. ExCom was one year early! But, boy! will we be ready in 1990!

The January '89 SKI magazine (which arrived before Thanksgiving!) discusses a "Fit for Life" program at Aspen for seniors who have never skied. Their "seniors" refers to those over 50! Not in PVS!

A special tip of the ol' Knee Cap to Park City, Utah, celebrating its Silver ankneeversary and to Alta which is marking its Golden as a ski area. And Alta still has old-fashioned \$18 a day lift tickets. (Gee, Alta could qualify for Aspen's Seniors Program!)

Watch for newly retired Mary Jane McCarthy flashing by in her new lemon-yellow parka. And Nancy Garrett (PVS's favorite corner cook) in uncomfortable ski boots. Nancy sez boots for women are hard to fit because the ladies are used to open shoes. Heretofore I thought only grizzlies had bear feet. Nancy has a new job located in D.C. She said she was redistricted. Oh, come now, Nancy!

Gadzooks! are we to have Gossip Wars? Zowie! The Arlington Hall Ski Club now has a column called The Nose

Knows" with a cutsey logo of Miss Piggy's head. (Their president's message was titled "Some Thoughts From the President." Whammo!)

The SCWDC (Some Club in Wilmington, Delaware C) column is called Ski Ear (pretty clever) and not The Ear which I called it earlier. Mea culpa (Norb Kulpa's cousin). Ear noted my earlier comments from "The Nose" in "Potomac Valley Ski Club" (sic).

The Knee believes we should cease this name calling. Who wants to hear about those upstart bimbos ankneeway especially since they both lack the gumption to use bylines? I challenge them to any manner of combat or my name isn't Ken Evans.

What PVS dentist had candy in her waiting room for the holidays? I promised not to mention Aina's name. Whoops! Well, I only mentioned her first name so it's okay.

You will have to ask Mort Kuff why he puts a new non-rubber coating on his checks. (Or figure it out from these cryptic words.) Is business that bad, Mort?

Oh, dear! I almost forgot - skiing. PVS's start this year was a bit childish. Our earliest skier was the Clarks' son Vince who skied on a 50" base at Grand Targee (Montana) Nov. 20. The Flakes' daughter Jenifer, who is captain of the Va. Tech. ski team, skied Snowshoe Dec. 3. All the Flakes skied at Sugarloaf over Christmas at the same time the Heitchues were in Vermont and Nancy Monacelli, Ron Fett, et al were in Vail. Dina Taylor was in Park City Dec. 8. Dick Comerford at Copper & Keystone Dec 8-15. John Pulos, who had a lengthy hospitalization last summer, skied a somewhat sparse Stowe Dec. 17 and Jack Peoples, Mr Quiet, was in Aspen Dec 2-4. I hate all of you!

Everyone from the PVS group enjoyed their tour of China though many suffered a few days' illness. Obviously Asian Flu

Rosy Soler will not be skiing this year. She fell while jogging and broke her arm in three places. What a pity. She may also quit kayaking.

The Winterfest Dinner was wonderful. It was particularly appropriate that the cabinet wine was named Glen Ellen - an old Vermont ski resort. Thank God it wasn't renamed "Sugarbush North" cabinet

Charlie Gordon is moving to Texas. probably because the only two unavoidable things in life are death and Texas.

# COOK'S CORNER



by

Nancy Garrett

The Winter Fest Dinner recipes were requested for a Cook's Corner so that all can try them. Due to space limitations, the "Cook" will devote two months to this effort.

## SALMON MOUSSE

Drain and flake with a fork:  
- 1 (15 1/2-ounce) can red salmon

Mix together to soften:  
- 2 envelopes unflavored gelatin  
- 1/4 cup cold water

Add to gelatin mixture and stir until gelatin is dissolved:  
- 1/4 cup boiling water

Process in food processor until smooth:  
- Salmon  
- Gelatin mixture  
- 1 small onion, minced  
- 1 cup mayonnaise  
- 1/4 cup lemon juice  
- 1 Tablespoon dried dill weed  
- 2 teaspoons paprika  
- 1 1/2 cups whipping cream

Pour mixture into lightly oiled 5 1/2 cup fish shaped mold. Chill.

Combine and chill for 5 hours:  
- 1/2 cup commercial sour cream  
- 1/2 teaspoon Worcestershire sauce

Unmold mousse on a chilled serving platter. Frost with sour cream mixture.

Decorate fish with:  
- Pimento-stuffed olive slices for eyes  
- Cucumber slices for gills and tail  
- Pimiento slice for mouth

Garnish tray with:  
- Watercress and Lemon wedges  
Serve with crackers or rye bread slices.

## VEAL SCALOPPINI WITH MUSHROOMS

Combine:  
- 1/4 cup flour  
- 1 teaspoon salt  
- Dash pepper

Sprinkle over:  
- 2 pounds veal, very thinly sliced

With mallet or edge of saucer, pound flour mixture into both sides of meat slices.

Heat in large skillet (I prefer electric):  
- 1/4 cup vegetable oil

Saute over medium heat 4 minutes each side.

Add and simmer uncovered for 15 minutes:  
- 3/4 cup dry white wine  
- 2 6-oz. cans button mushrooms

Serve sauce over scaloppini. Serves 6.

## THAT PINK THING - FROZEN STRAWBERRY DESSERT

For crust and topping, mix together:  
- 1 cup flour  
- 1/4 cup brown sugar  
- 1/4 cup chopped pecans  
- 1 stick butter or margarine, melted

Bake in shallow pan at 350\* for 20 minutes. When cool, flake into crumbs. Reserve 2/3 cup crumbs for topping. Place remainder in bottom of 9 X 13 X 2 baking dish or pan.

Place mixer in sink and put piece of wax paper along back wall. It splatters.

In large mixing bowl, mix on high speed until stiff peaks are formed (10-15 min):  
- 2 egg whites  
- 2 Tablespoons lemon juice  
- 2/3 cup sugar  
- 1 10-oz package thawed unsweetened strawberries

Fold carefully into mixture:  
- 1 8-oz carton whipping cream, whipped

Pour over crumbs. Sprinkle reserved crumbs on top. Freeze until firm. Remove from freezer to refrigerator one hour before serving. Will serve 12 - 16 nicely.

## SKI TRIP SCHEDULE

PVS SKI THE ALPS IN TYROL - January 20 - February 5th.  
Bob and Margaret Wyckoff leading. (589-5532)

COPPER MTN., COLORADO - Jan 26-30. Jim Wingrove leading. (762-4887).

CANAAN VALLEY WEEKEND. - January 27 - 29.  
Dina Taylor Coordinating. O: 427-3227. H: 301-663-6089.

KEYSTONE AND ASPEN, COLORADO - February 11 - 25.  
Dina Taylor leading. O: 427-3227. H: 301-663-6089.

BANFF, CANADA - February 19 - 26. Jack Peoples leading. (301-840-2213)

SALT LAKE CITY AREA - March 2 - 9. Shirley Rettig coordinating. (836-0147).

PVSERS ARE ALSO WELCOME ON THE FOLLOWING BRSC SANCTIONED TRIPS:

Jan 12-16: Crested Butte. Columbia Ski Club. Cost: \$475 DO.  
Call Fran Plate. H: 301-465-7587. O: 301-381-5600.

Jan 13 - Feb. 5: Europe. Fagowees.  
Call Dutch Mueller. H: 301-699-8114. O: 202-636-8484.

Mar 4 - 11: Vail. Fagowees. Cost: \$739 DO  
Call Bill Print: H: 301-949-4944. O: 301-949-5656

Mar 12 - 19: Sun Valley, Idaho. Columbia Ski Club. Cost: \$660 DO  
Call Kitty Imdall. H: 301-730-7108. O: 301-596-3444

Mar 22-27 - Steamboat Springs. Columbia Ski Club. Cost: \$595 DO  
Call Craig Bass. H: 596-2478. O: 989-5640.

Bob and Janet Marx  
8312 Oakford Dr.  
Springfield, Va. 22152

