

VOLUME XIII **Potomac Valley Skiers, Inc.**
 NUMBER 9 WASHINGTON MARYLAND VIRGINIA SEPTEMBER 1977

PRESIDENT'S MESSAGE

September is here! As the sun crosses the celestial equator, we will observe the autumnal equinox. The sun heads south and, sooner than you can shake a stick (if you are into that sort of thing), S K I S E A S O N will be upon us. So, once again, it's time for our Ski Club to start acting like one. AND, we are ready, with TWO great September events: 1) A ski swap, and - as our first official meeting of the new season, a B Y O S ski clinic (Bring Your Own Skis) and ski planning meeting plus a discussion of P V S's membership in the Eastern Ski Association (see Calander of Events in this issue of TOOT).

Following these events, we have THREE events and activities planned for October - including a Halloween party - TWO events/activities planned for November, and TWO parties planned for December! As for skiing, we have two major European trips (see separate flyers in this issue of TOOT), one week long carpool trip to Canada, three local weekend carpool trips and P V S's first 3-day bus trip in five years (we're going to Killington, Vermont). It shapes up as an outstanding year for P V S. And you haven't renewed your membership yet?? Shame on you! September starts the Club's new activity year. But, it's not too late to renew now - if you hurry. We've included membership application blanks with this issue of TOOT. Set one aside so you can send it in as soon as possible. If you are among those who have already sent in your renewal, don't waste the application. You MUST have skiing friends, neighbors or co-workers. Why not do them a favor and tell them about P V S. After all, this IS going to be our greatest year EVER. We always welcome new members.

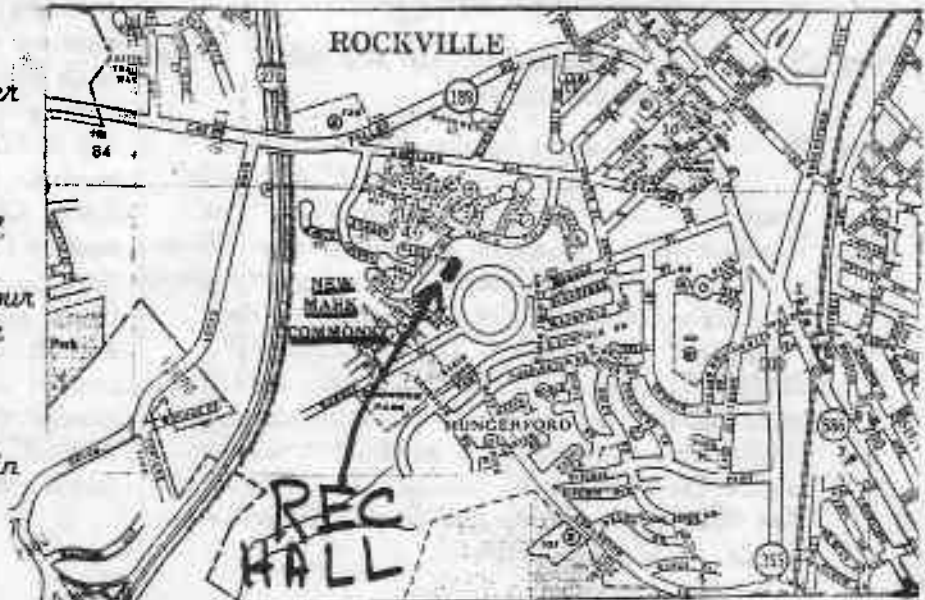
I do hope you ALL can come to New Mark Commons rec hall on the 20th for a great program to start off our new Season.

* * * * * *Ray McKinley* * Ray McKinley * President * * *

SEPTEMBER MEETING

How To Get There:

- First Meeting of the 77-78 Season!**
- When:** Sept 20th, 8:00 PM (come earlier for first clinic-ing!) Help will be available at 7:00 PM.
- Where:** New Mark Commons rec Hall in Rockville, Md (adjacent to Bill & Elke Stecher's home).
- What:** 1) A Ski Clinic (BYOS), get your skis AND BOOTS in shape for the coming season.
 2) Plan your trips NOW!
 3) A full discussion of the merits of 100% membership in Eastern Ski Association.



COMING EVENTS

Sept 20 - The First P V S Meeting of the 77-78 winter season. See separate notice on page one for details.

Sept 24 - P V S supports a "Ski Swap"! Where: At The Alpine Ski Shop in Ockton, Virginia. When: 10 A.M. to 5 P.M. Saturday - Sept 24. See IMPORTANT NOTICE and separate flyer on this event.

Sept 27 - EXCOM Meeting, at Dick and Marilyn Clark's home. Take Exit #5 from the Beltway, west on Braddock Road to Red Fox Drive (opposite King's Park Shopping Center) right on Red Fox to third left which is Falling Creek Road, proceed to #8953 at the bottom of the hill - and you are there. Time: 7:30 P.M.

Oct 15 - P V S Attends An Antique Car Show! Where: Rockville Civic Center When: Meet at 11:30 A.M. See IMPORTANT NOTICE for further details.

Oct 18 - P V S Monthly Meeting. A Wine And Cheese Meeting, at The Art Club of Washington, D.C. (Home of President Monroe), 2017 "Eye" Street, N.W. Cost for Wine & Cheese: \$3.50 per person. Associated activity: The Art Club will serve a pre-meeting dinner for a group of 15 or more. If we meet the minimum of 15, we will plan dinner for those desiring it. The Dinner will cost about \$6.50 per person. The Club coordinator is Marilyn Clark at 978-9435 (after 4 P.M.). RESERVATIONS ARE REQUIRED for both the Wine and Cheese AND the dinner. Be sure to tell Marilyn what your reservation covers; that is, dinner and Wine and Cheese, or just the W & C.

Oct 25 - EXCOM Meeting. Time and place to be announced later.

Oct 28 - A Halloween Square Dance-Costume party. Come as a "ghost" and hide your identity 'til you're "uncovered" or "discovered". Possible hay ride, too. There will be a midnight snack for all party-goers who attend this exceptional event. Your "spirits" will MAKE IT GO! RESERVATIONS REQUIRED. The first forty people to sign up will be assured of confirmed attendance. Additional reservations will be considered on an "as available" basis. So, CALL EARLY for this one. Gerry and Sandie Deighton, hosts. Call 424-5707.

Nov 12 - The "Gold Mine" Event. A new P V S event. Combine a picnic with gold hunting, hiking, and even bike riding. Our hosts for this planned event are Jim Slack and Mary Ward. Call for reservations and details: 860-0011.

Nov 15 - The November Meeting. Presently planned as a ski movie meeting. Time and place to be announced.

Nov 22 - EXCOM Meeting. Time: 7:30 P.M. Place: To be announced (when it is decided).

Dec 3 - A Dinner-Dance Party. With a new theme. Pot luck dinner will be served from contributions from members. The dance will be conducted and run by a married couple who are both dance teachers. All the new steps will be available for learning. This will be a DISCO Dance. Due to high cost, the live band concept has been replaced by this couple who, we are advised, run an outstanding event and will stay as long as YOU will! Place: New Mark Commons Rec Hall (assuming a fixed reservation which we don't have yet). Time and organizing committee yet to be selected. Do YOU want to help?

Dec 20 - The December P V S Meeting and Christmas Party. At Mike and Penny Wiederhold's. This always successful event is comin' 'round again, so DON'T MISS IT. More details in later TOOTs.

EXCOM REPORT

EXCOM met on August 23rd at the home of Bob and Jan Marx. It was a lovely evening for the outdoor meeting and Jan kept the crowd well filled with drinks and some truly fancy hors d'oeuvres worthy of high praise. Attending were: President Ray McKinley, Vice President Marilyn Clark, EXCOM members Pat Cope, Gerry Deighton, Bill Hager, Julie King and Bob Marx (of course!); EXCOM member Ex-Officio Geoff' Wadey, Membership Chair-lady Gail Gell, and TOOT editor Dick King. EXCOM member Penny Richards had a conflict in schedule and could not attend. Business discussed was Coming Events and Ski Trips. Please review those respective columns for details of the EXCOM discussions. No other business was transacted.

IMPORTANT NOTICES

IMPORTANT NOTICE #1

TOOT has learned of the return to the shores of Springfield, Virginia of Keith and Sue Lyon and their three boys. Returning from a happy and successful assignment in London, England, Keith (who sings the praises of skiing Isola area in southern France) is happy to be back among P V S friends and is looking forward to renewing old friendships at our September meeting. For the record, Keith and Sue are living at:

8002 Log Cabin Court
Springfield, Virginia 22153
Tel. 455-4294

P V S welcomes Keith, Sue and family back!

IMPORTANT NOTICE #2

At our last printing, TOOT reported the success of our tennis mixed doubles winners, Werner Koch and Connie Jo Worley, winners of the Blue Ridge Ski Council 2nd Annual Tennis Tournament. For the record, we now note their scores and opponents enroute to that victory:

Score	Club	Names
5-0	Baltimore	Centafunti and Centafunti
8-6	SCWDC	Meals and Kratky
Semi-finals:		
8-4	Baltimore	Peterson and Miller
FINALS:		
8-4	SCWDC	Seiber and O'Brien

Again, P V S congratulates Werner and Connie for their success.

IMPORTANT NOTICE #3

Saturday - October 15 - Antique and Classic Car Show, Civic Center in Rockville, Md. Does a 1933 Packard convertible with rumble seat turn your head? How about a well restored Model A roadster? How long has it been since you saw the car that you learned to drive in? The chances are very good that it will be at the City of Rockville Antique And Classic Car Show on October 15th. Last year, almost 500 antique and classic cars assembled on the Civic Center grounds; they expect even more cars this year.

If you would like to spend an enjoyable and sunny afternoon, pack yourself a picnic lunch, grab your cooler and join with other members of P V S for a picnic lunch on the Rockville Civic Center grounds. Meet in front of the mansion at 11:30 A.M. After lunch, we will take a leisurely stroll to view the cars on display. For further

information about the picnic or show, contact organizer John Gable, home: 525-3595, or office 426-3338. Incidentally, John recently purchased a 1949 Chevrolet Coupe with 20,500 miles on it! This car will be on display at the show.

Directions to the Civic Center: In Rockville, west on Viers Mill Road (Rte 28) to Edmonston Drive to Baltimore Road to Avery Road, which leads into the Civic Center. Locate the Mansion and meet in front! GOOD VIEWING!

IMPORTANT NOTICE #4

HAVE A LONGER SKI SEASON!

The ^{September} 20th meeting at New Mark Commons Rec Hall will be both a seminar and a demonstration in the care of ski equipment. Some of our Ski Patrol members will show us how to prepare our skis for that first trip of the season, and how to keep them in proper condition for the entire season. The topics that will be covered are: 1) The SYSTEM - boot, binding and ski; 2) Boot Care and how to do it; 3) Binding adjustment to achieve proper control in relation to your skill level; 4) The Ski Base and where it lives; and 5) Edges and How To Maintain Them.

This is going to be a working session, so bring your equipment if you want to have it fixed up by the experts; or, if you want to learn to do it yourself (and avoid those costly shop charges). Working on skis can be dirty work, so we suggest you bring coveralls or an apron. A 10-inch mill bastard file (or targer will be useful for sharpening edges-most of ours will need it for local conditions this winter). Boots will be needed for binding adjustment.

Bring what you wish, but be sure to come; and see and learn how you can be sure to have a longer and safer season.

IMPORTANT NOTICE #5

P V S Goes To A Ski Swap! Or more correctly, a used equipment sale, at the new location of The Alpine Ski Shop in Oakton, Virginia. Time: from 10:00 A.M. to 5:00 P.M., Saturday, September 24th. Proceeds of the day (10% of each sale) will be donated to the Ski Patrol for its use in safety services. Any equipment or clothing you no longer want may be sold (or purchased, according to your individual need). There may well be a market for antique skis and related appendages. Here is an opportunity to exchange money and materials; and at the same time benefit a WORTHY CAUSE. Come join your friends!

IMPORTANT NOTICE #6

The Arlington, Virginia County Recreational Division has sent P V S the following notice:

It's not too early to think about shaping up for the ski season. Arlington Recreation Division along with the Ski Touring Section of the Potomac Appalachian Trail Club will be conducting three clinics for beginners. The clinics will be held as follows:

Wed. Nov 2, Nottingham School, 7-9:30 P.M.

Sat, Nov 12, Jackson School, 9:30-12 noon

Wed. Nov 16, Nottingham School, 7-9:30 P.M.

The fee is \$1.00. The clinic includes basic movements, equipment and dress, where to ski and rental information. Call Ann Suter at 558-2876 for reservations. And, THINK SNOW!

IMPORTANT NOTICE #7

OCTOBERFEST 1977, for the benefit of the US Ski Team, will be held this year at 7:00 P.M. on Friday, November 4th, at the Sheraton Park Hotel in Washington, D.C. Sponsored by the Washington, D.C. Ski Education Foundation and hosted by the area ski clubs, it promises to renew the fantastic parties of former years when more than 800 persons participated and helped raise funds for the U.S. Ski Team. This year's program repeats the lower prices of several years ago, with the meal ticket costing \$12.50 and the non-meal ticket costing \$10.00. See Art Topping for further details. A separate flyer will be available later on.

INTERNATIONAL DINNER RECIPES

HALLUPKI (Russian)

by Julie King

1 lb hamburger

1/2 cup cooked rice

1 onion - chopped

1 egg

salt & pepper

1 small cabbage - steamed - remove leaves as they become soft and pliable.

Put meat mixture in leaf to 2/3rds filled, roll and tuck in ends.

Place cut of torn cabbage piece in bottom of pan (roaster), then add your stuffed cabbage rolls, loosely packed. Pour over - one large can of tomato juice and 1 can tomato soup. Place a few pieces of bacon over the rolls and cook or bake over medium heat for one hour, or until done. DO NOT BOIL. Serves approximately 8.

AUGUST EVENT REPORT - CANOING THE SHENANDOAH!

It was a perfect summer day for ANYTHING outdoors - more especially a ski trip outing and one of canoing on the Shenandoah! And, that's what seven canoes full of P V Sers and one guest did on this beautiful natural day. An early start from our homes brought us (almost all of us) to the gathering point behind a logically named commercial outfit (The Shenandoah Outfitters) that provided the canoes and transport from the put in point and the take out point. In between those points, we put in some nine miles of river passage and some six hours of blissful canoing including a lunch stop on a "little" island and one or two other delays to upright overturned canoes that ran into "cross currents". For the second time in three years, we had a perfect day for a perfect diversion for active skiers (in the summer). A portion of the group camped there overnight and then departed the next day for other activities such as antiquing and sightseeing. All in all, a GREAT time. Our thanks to activity leader, Gerry Deighton for coordinating this activity and reserving the necessary canoes to make the weekend a real success.



IT'S THAT TIME
FOLKS

ARE YOU GETTING INTO SHAPE?

SKI TRIPS - 1978

- Jan 14-16 To Wisp in western Maryland (at Deep Creek Lake). Trip Leader: Gail Gell. We will again use the Timberlake Lodge used previously by P V S Trip Leaders. It will be a weekend carpool trip. Those who made this trip last year had some of the best snow conditions ever at Wisp, and ALL trails were open and well covered. We hope to do as well again this season. Reminder: the Wisp base lodge has one of the best restaurants around for a good, moderate priced after-ski meal. This is a good warm up for:
- Jan 19 to Feb 5 Ski The Riviera! A ski trip to southern France with Bob and Margaret Wyckoff. See their separate flyer with this issue of TOOT.
- Sometime in Feb A weekend carpool trip to Blue Knob. Date depends upon accomodations; Trip Leader Bill Hager is trying to obtain "on the slope" accomodations for a weekend which will compliment our other trips. More on this one as it develops.
- Feb 24 - 26 P V S Bus Trip to Killington, Vermont. Trip Leader is Ray McKinley. Friday evening to Monday evening. P V S's first bus trip in five years! And this one is FIRST CLASS! The cost of around \$140.00 includes everything except equipment. That is, round trip bus trip, wine party on bus, gourmet meals, deluxe accomodations, AND, three days' lift passes at Killington. Call Trip Leader Ray McKinley for more details and to sign up for this truly fun weekend.
- March 2 to 17 Ski In Spain! A ski trip for true adventurers. To distant and different places to expand your horizons in a Spanish way. See separate flyer with this issue of TOOT as provided by Trip Leader Bob Grasley.
- March (second or third week) A Week At Mt. Sutton, Canada - with Trip Leader Gerry Deighton. Call Gerry early for this one since much of the space is already spoken (and paid?) for. This car pool trip is one of the most continually successful of all P V S trips. That's due to 1) it's economical, 2) it's an excellent mountain, 3) it's convenient (once you're parked, you don't have to move for a week), 4) and it's fun (good people go on it; and sometimes, there is even S N O W!).

CLUB OFFICERS

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|-------------------|--------------------------------------|----------------------|
| President | : Ray McKinley | EXCOM: (Second Term) |
| Vice President | : Marilyn Clark | Pat Cope |
| Secretary | : Geoff' Wadey | Gerry Deighton |
| Treasurer | : Margaret Wyckoff | Penny Richards |
| Membership | : Gail Gell | (First Term) |
| Programs | : Sandie Deighton & Penny Wiederhold | Bill Hager |
| TOOT Editors | : Dick and Julie King | Julie King |
| Answering Service | : Brooke and Mary Armat | Bob Marx |
| | | (Ex-Officio) |
| | | Geoff' Wadey |